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## STATUTORY INSTRUMENTS

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# 1998 No. 1833

## The Working Time Regulations 1998

### PART II

#### RIGHTS AND OBLIGATIONS CONCERNING WORKING TIME

##### Daily rest

**10.**—(1) [<sup>F1</sup>A worker] is entitled to a rest period of not less than eleven consecutive hours in each 24-hour period during which he works for his employer.

(2) Subject to paragraph (3), a young worker is entitled to a rest period of not less than twelve consecutive hours in each 24-hour period during which he works for his employer.

(3) The minimum rest period provided for in paragraph (2) may be interrupted in the case of activities involving periods of work that are split up over the day or of short duration.

<p><b>F1</b> Words in reg. 10(1) substituted (6.4.2003) by <a href="#">The Working Time (Amendment) Regulations 2002 (S.I. 2002/3128)</a>, regs. 1, <b>11</b></p>
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**Changes to legislation:**

There are currently no known outstanding effects for the The Working Time Regulations 1998, Section 10.