
EXPLANATORY NOTE

(This note is not part of the Regulations)

These regulations make amendments to the Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020 and the Health Protection (Coronavirus, Restrictions) (All Tiers) (England) Regulations 2020.

In particular, they provide that where an individual has been notified of a requirement to self-isolate as being a close contact of a person who has tested positive for coronavirus, the period of self-isolation is 10 days, instead of 14, as calculated under regulation 3 of the Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020.

In addition, these regulations amend the provisions regarding when a person's period of self-isolation begins.

Where, in accordance with regulation 3 a person is self-isolating as a close contact on the commencement date of these regulations, these regulations operate to end the self-isolation period in accordance with the amendments made by these regulations, so that such a person may stop self-isolating earlier than they would otherwise have done.

These regulations amend the minimum period, as defined in the Health Protection (Coronavirus, Restrictions) (All Tiers) (England) Regulations 2020, that individuals within a linked household or a linked childcare household (as defined within those regulations) may not gather in reliance on being a linked household or a linked childcare household (as the case may be) before changing the household with which they are linked for either purpose.