

## SCHEDULE 5

### REQUIREMENTS FOR PERSONAL FALL PROTECTION SYSTEMS

#### PART 4

##### ADDITIONAL REQUIREMENTS FOR FALL ARREST SYSTEMS

1. A fall arrest system shall incorporate a suitable means of absorbing energy and limiting the forces applied to the user's body.
2. A fall arrest system shall not be used in a manner—
  - (a) which involves the risk of a line being cut;
  - (b) where its safe use requires a clear zone (allowing for any pendulum effect), which does not afford such zone; or
  - (c) which otherwise inhibits its performance or renders its use unsafe.