

SCHEDULE 4

Regulation 6

NUTRITIONAL STANDARDS FOR LUNCH IN MAINTAINED PRIMARY AND SECONDARY SCHOOLS

1. In this Schedule—

- “average school lunch” (“*cinio ysgol cyfartalog*”) has the meaning given by paragraph 2 (1);
- “group of schools” (“*grŵp o ysgolion*”) means two or more schools providing education for the same age range of pupils and which, where the schools provide secondary education, are either all co-educational, all boys’ single sex or all girls’ single sex;
- “non-milk extrinsic sugars” (“*siwgrau anghynhenid nad ydynt yn deillio o laeth*”) means any sugar which is not contained within cell walls, except lactose in milk and milk products; and
- “nutrient” (“*maethyn*”) means any substance listed in Table C.

2.—(1) Subject to sub-paragraph (2), the average school lunch for a school or a group of schools must be calculated in accordance with the following formula:—

$$\frac{(A/B)}{C}$$

Where—

- “A” is the total amount of energy and nutrient content provided in all school lunches served in the course of a school week;
- “B” is the estimated number of school lunches served to pupils during that school week; and
- “C” is the number of days in the school week.

(2) A group of schools must use the formula in sub-paragraph (1) where school lunch provided at each school in the group is the same.

3. The average school lunch must provide—

- (a) an amount of energy which must be either the figure shown in Table C or within 5% of that figure;
- (b) no more than the maximum amounts of fat, saturated fat, non-milk extrinsic sugars and sodium shown in Table C; and
- (c) at least the minimum amount of all other nutrients shown in Table C.

TABLE C

Nutrient	Minimum or Maximum	School lunch provided in primary schools	School lunch provided in secondary schools		
			Co-educational	Single Sex Girls’	Single Sex Boys’
Energy (kilo calories)	+/- 5%	530	646	577	714
Total fat (grams)	Max	20.6	25.1	22.5	27.8
Saturated fat (grams)	Max	6.5	7.9	7.1	8.7

Status: This is the original version (as it was originally made). This item of legislation is currently only available in its original format.

Nutrient	Minimum or Maximum	School lunch provided in primary schools	School lunch provided in secondary schools		
			Co-educational	Single Sex Girls'	Single Sex Boys'
Total carbohydrate (grams)	Min	70.6	86.1	77	95.2
Non-milk extrinsic sugars (grams)	Max	15.5	18.9	16.9	20.9
Fibre (grams)	Min	4.2	5.2	4.6	5.7
Protein (grams)	Min	7.5	13.3	12.7	13.8
Iron (milligrams)	Min	3	4.4	4.4	3.4
Zinc (milligrams)	Min	2.5	2.8	2.7	2.8
Calcium (milligrams)	Min	193	300	240	300
Vitamin A (micrograms)	Min	175	245	210	245
Vitamin C (milligrams)	Min	10.5	14	14	14
Folate (micrograms)	Min	53	70	70	70
Sodium (milligrams)	Max	499	714	714	714