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STATUTORY INSTRUMENTS

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**2020 No. 1045**

**The Health Protection (Coronavirus, Restrictions)  
(Self-Isolation) (England) Regulations 2020**

**PART 1**

**[<sup>F1</sup>Meaning of self-isolate**

2.—(1) For the purposes of this Part “self-isolate” means P is subject to the following restrictions—

- (a) P must remain in—
  - (i) P’s home,
  - (ii) the home of a friend or family member of P or of R, where P is a child,
  - (iii) bed and breakfast accommodation,
  - (iv) accommodation provided or arranged under section 4, 95 or 98 of the Immigration and Asylum Act 1999, or
  - (v) another suitable place, and
- (b) P must not leave the place specified in sub-paragraph (a) except where paragraph (2) applies.

(2) This paragraph applies where it is necessary for P to leave the place specified in paragraph (1) (a)—

- (a) to seek medical assistance, where this is required urgently or on the advice of a registered medical practitioner, including to access—
  - (i) services from dentists, opticians, audiologists, chiropodists, chiropractors, osteopaths and other medical or health practitioners, or
  - (ii) services relating to mental health;
- (b) to access veterinary services, where this is required urgently or on the advice of a veterinary surgeon;
- (c) to fulfil a legal obligation, including attending court or satisfying bail conditions, or participating in legal proceedings;
- (d) to escape a risk of harm;
- (e) to attend a funeral of a close family member;
- (f) to obtain basic necessities, such as food and medical supplies for those in the same household (including any pets or animals in the household) where it is not possible to obtain these provisions in any other manner;
- (g) to access critical public services, including social services, and services provided to victims (such as victims of crime);

*Status: Point in time view as at 30/11/2021. This version of this provision has been superseded.*

*Changes to legislation: There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, Section 2. (See end of Document for details)*

- (h) where paragraph (1)(a) or (b) of regulation 2B applies to P but P is not exempt from the duty to self-isolate by virtue of paragraph (2)(b) or (3)(b) of that regulation, to take part in coronavirus related research as a close contact;
  - (i) to move to a different place specified in paragraph (1)(a), where it becomes impracticable to remain at the place at which they are;
  - (j) to attend a testing site to take a test for the detection of coronavirus;
  - (k) to accompany a child (“C”) for whom P is a responsible adult to a testing site, so that C can take a test for the detection of coronavirus;
  - (l) to post a completed home test for the detection of coronavirus [F2or antibodies to coronavirus] carried out by P, or any person living in the same household as P, in accordance with the postal testing scheme operated on behalf of the Secretary of State;
  - (m) to agree to participate F3... in a testing scheme (within the meaning of regulation 2D), where that agreement cannot be given from the place where P is self-isolating;
  - (n) where paragraph (1)(a) [F4, (ba) or (c)] of regulation 2B applies to P—
    - (i) to accompany an expectant mother (“K”) to any medical appointment related to the pregnancy throughout the antenatal period, at K’s request, or
    - (ii) to attend an expectant mother giving birth (“M”), at M’s request.
- (3) For the purposes of paragraph (2)—
- “the antenatal period” means the period beginning with the start of the pregnancy and ending with the onset of labour;
- “testing site” means a site operated by, or on behalf of, the Secretary of State for the carrying out of tests for the detection of coronavirus.]

- F1** Regs. 2-2D substituted for reg. 2 (29.3.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Steps\) \(England\) Regulations 2021 \(S.I. 2021/364\)](#), reg. 1(2), **Sch. 8 para. 10** (with reg. 21, Sch. 8 para. 22)
- F2** Words in reg. 2(2)(l) inserted (19.7.2021) by [The Health Protection \(Coronavirus, Restrictions\) \(Self-Isolation\) \(England\) \(Amendment\) Regulations 2021 \(S.I. 2021/851\)](#), regs. 1(2), **2(2)(a)** (as amended by S.I. 2021/864, regs. 1(2), 2)
- F3** Words in reg. 2(2)(m) omitted (16.8.2021) by virtue of [The Health Protection \(Coronavirus, Restrictions\) \(Self-Isolation\) \(England\) \(Amendment\) Regulations 2021 \(S.I. 2021/851\)](#), regs. 1(3), **2(2)(b)**
- F4** Words in reg. 2(2)(n) substituted (30.11.2021 at 4.00 a.m.) by [The Health Protection \(Coronavirus, Restrictions\) \(Self-Isolation\) \(England\) \(Amendment\) \(No. 4\) Regulations 2021 \(S.I. 2021/1338\)](#), regs. 1(2), **2(2)**

**Modifications etc. (not altering text)**

- C1** Reg. 2(2) applied (with modifications) (17.5.2021 at 4.00 a.m.) by [The Health Protection \(Coronavirus, International Travel and Operator Liability\) \(England\) Regulations 2021 \(S.I. 2021/582\)](#), reg. 1(2), **Sch. 9 para. 2(4)** (with regs. 25, 26(4))

**Status:**

Point in time view as at 30/11/2021. This version of this provision has been superseded.

**Changes to legislation:**

There are currently no known outstanding effects for the The Health Protection (Coronavirus, Restrictions) (Self-Isolation) (England) Regulations 2020, Section 2.