

SCHEDULE 13

Regulation 62

ELEMENTS OF AN APPROVED TRAINING COURSE

(A) Introduction

1. Trainees must be told and must understand:—
 - the aims of the approved training course;
 - the importance of having the right equipment and clothing;
 - the need to be clearly visible to other road users (the use of conspicuity aids);
 - the legal requirements for riding on the road;
 - why motor cyclists are more vulnerable than most road users;
 - the need to drive at the correct speed according to road and traffic conditions;
 - the importance of reading and understanding the Highway Code.
2. Trainees' eyesight must be tested. Trainees must be able to read, in good daylight, a vehicle registration mark containing letters and figures 79.4 mm high at a distance of 20.5 metres (with the aid of glasses or contact lenses if worn).

(B) Practical on site training

3. Trainees must receive practical on site training at the conclusion of which they must fulfil the following requirements, that is to say they must—
 - be familiar with the motor cycle, its controls and how it works;
 - be able to carry out basic machine checks to a satisfactory standard and be able to take the bike on and off the stand satisfactorily;
 - be able to wheel the machine around to the left and right showing proper balance and bring the motorcycle to a controlled halt by braking;
 - be able to start and stop the engine satisfactorily.

(C) Practical on site riding

4. Trainees must undertake practical on site riding at the conclusion of which they must be able to execute the following manoeuvres, that is to say they must be able to:—
 - ride the machine under control in a straight line and bring the machine to a controlled halt;
 - ride the machine round a figure of eight circuit under control;
 - ride the machine slowly under control;
 - bring the machine to a stop under full control as in an emergency;
 - carry out controlled braking using both brakes;
 - change gear satisfactorily;
 - carry out rear observation correctly;
 - carry out simulated left and right hand turns correctly using the Observation-Signal-Manoeuvre (OSM) and Position-Speed-Look (PSL) routines.

(D) Practical on road training

5. Before undertaking practical on road riding trainees must be told and must understand the need to:—

Status: This is the original version (as it was originally made). This item of legislation is currently only available in its original format.

- ride defensively and anticipate the actions of other road users;
- use rear observation at appropriate times;
- assume the correct road position when riding;
- leave sufficient space when following another vehicle;
- pay due regard to the effect of varying weather conditions when riding;
- be aware of the various types of road surface that can be encountered.

(E) Practical on road riding

6. Trainees must undertake on road riding. They must ride safely in a variety of situations for a period of not less than 2 hours. This element must include experience of as many of the following as practicable:—

- roundabouts
- junctions
- pedestrian crossings
- traffic lights
- gradients
- bends
- obstructions.