SCHEDULE 5 Regulation 8

THE ESSENTIAL AND SEMI-ESSENTIAL AMINO ACIDS IN BREAST MILK

For the purpose of these Regulations, the essential and semi–essential amino acids in breast milk, expressed in mg per 100 kJ and 100 kcal, are the following:

	per 100 kJ(1)	per 100 kcal
Arginine	16	69
Cystine	6	24
Histidine	11	45
Isoleucine	17	72
Leucine	37	156
Lysine	29 122	
Methionine	7	29
Phenylalanine	15	62
Threonine	19	80
Tryptophan	7	30
Tyrosine	14	59
Valine	19	80

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^{(1) 1} kJ=0.239 kcal.