

## SCHEDULE

Regulations 6(1)(b), 24.

## DISABILITIES WHICH MAY MAKE A PERSON INCAPABLE OF WORK

## part i

## PHYSICAL DISABILITIES

<i>(1)</i> <i>Activity</i>		<i>(2)</i> <i>Descriptor</i>	<i>(3)</i> <i>Points</i>
1. Walking on level ground with a walking stick or other aid if such aid is normally used.	1(a)	Cannot walk at all.	15
	(b)	Cannot walk more than a few steps without stopping or severe discomfort.	15
	(c)	Cannot walk more than 50 metres without stopping or severe discomfort.	15
	(d)	Cannot walk more than 200 metres without stopping or severe discomfort.	7
	(e)	Cannot walk more than 400 metres without stopping or severe discomfort.	3
	(f)	Cannot walk more than 800 metres without stopping or severe discomfort.	0
	(g)	No walking problem.	0
2. Walking up and down stairs.	2(a)	Cannot walk up and down one stair.	15
	(b)	Cannot walk up and down a flight of 12 stairs.	15
	(c)	Cannot walk up and down a flight of 12 stairs without holding on and taking a rest.	7

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(d)	Cannot walk up and down a flight of 12 stairs without holding on.	3
	(e)	Can only walk up and down a flight of 12 stairs if he goes sideways or one step at a time.	3
	(f)	No problem in walking up and down stairs.	0
3. Sitting in an upright chair with a back, but no arms.	3(a)	Cannot sit comfortably.	15
	(b)	Cannot sit comfortably for more than 10 minutes without having to move from the chair [ <sup>F1</sup> because the degree of discomfort makes it impossible to continue sitting].	15
	(c)	Cannot sit comfortably for more than 30 minutes without having to move from the chair [ <sup>F1</sup> because the degree of discomfort makes it impossible to continue sitting].	7
	(d)	Cannot sit comfortably for more than 1 hour without having to move from the chair [ <sup>F1</sup> because the degree of discomfort makes it impossible to continue sitting].	3
	(e)	Cannot sit comfortably for more than 2 hours without having to move from the chair [ <sup>F1</sup> because the degree of discomfort makes it impossible to continue sitting].	0

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(f)	No problem with sitting.	0
4. Standing without the support of another person or the use of an aid except a walking stick.	4(a)	Cannot stand unassisted.	15
	(b)	Cannot stand for more than a minute before needing to sit down.	15
	(c)	Cannot stand for more than 10 minutes before needing to sit down.	15
	(d)	Cannot stand for more than 30 minutes before needing to sit down.	7
	(e)	Cannot stand for more than 10 minutes before needing to move around.	7
	(f)	Cannot stand for more than 30 minutes before needing to move around.	3
5. Rising from sitting in an upright chair with a back but no arms without the help of another person.	(g)	No problem standing.	0
	5(a)	Cannot rise from sitting to standing.	15
	(b)	Cannot rise from sitting to standing without holding on to something.	7
	(c)	Sometimes cannot rise from sitting to standing without holding on to something.	3
	(d)	No problem with rising from sitting to standing.	0
6. Bending and kneeling.	6(a)	Cannot bend to touch his knees and straighten up again.	15

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(b)	Cannot [ <sup>F2</sup> either, bend or kneel, or bend and kneel] as if to pick up a piece of paper from the floor and straighten up again.	15
	(c)	Sometimes cannot [ <sup>F2</sup> either, bend or kneel, or bend and kneel] as if to pick up a piece of paper from the floor and straighten up again.	3
	(d)	No problem with bending or kneeling.	0
7. Manual dexterity.	7(a)	Cannot turn the pages of a book with either hand.	15
	(b)	[ <sup>F3</sup> Cannot turn a sink tap or the control knobs on a cooker with either hand].	15
	(c)	Cannot pick up a coin which is 2.5 centimetres or less in diameter with either hand.	15
	(d)	Cannot use a pen or pencil.	15
	(e)	Cannot tie a bow in laces or string.	10
	(f)	[ <sup>F4</sup> Cannot turn a sink tap or the control knobs on a cooker with one hand, but can with the other.]	6
	(g)	Cannot pick up a coin which is 2.5 centimetres or less in diameter with one hand[ <sup>F5</sup> , but can with the other].	6
	(h)	No problem with manual dexterity.	0

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

8. Lifting and carrying	8(a)	Cannot pick up a paper-back book with either hand.	15
[ <sup>F6</sup> by the use of upper body and arms (excluding all other activities specified in Part I of this Schedule)].			
	(b)	Cannot pick up and carry a 0.5 litre carton of milk with either hand.	15
	(c)	Cannot pick up and pour from a full saucepan or kettle of 1.7 litre capacity with either hand.	15
	(d)	Cannot pick up and carry a 2.5 kilogramme bag of potatoes with either hand.	8
	(e)	Cannot pick up and carry a 0.5 litre carton of milk with one hand[ <sup>F7</sup> , but can with the other].	6
	(f)	Cannot pick up and carry a 2.5 kilogramme bag of potatoes with one hand[ <sup>F7</sup> , but can with the other].	0
	(g)	No problem with lifting and carrying.	0
9. Reaching.	9(a)	Cannot raise either arm [ <sup>F8</sup> as if] to put something in the top pocket of a coat or jacket.	15
	(b)	Cannot raise either arm to his head [ <sup>F9</sup> as if] to put on a hat.	15
	(c)	Cannot put either arm behind back [ <sup>F10</sup> as if] to put on a coat or jacket.	15

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(d)	Cannot raise either arm above his head [F <sup>9</sup> as if] to reach for something.	15
	(e)	Cannot raise one arm to his head [F <sup>9</sup> as if] to put on a hat[F <sup>11</sup> , but can with the other].	6
	(f)	Cannot raise one arm above his head [F <sup>9</sup> as if] to reach for something[F <sup>11</sup> , but can with the other].	0
	(g)	No problem with reaching.	0
10. Speech.	10(a)	Cannot speak.	15
	(b)	Speech cannot be understood by family or friends.	15
	(c)	Speech cannot be understood by strangers.	15
	(d)	Strangers have great difficulty understanding speech.	10
	(e)	Strangers have some difficulty understanding speech.	8
	(f)	No problems with speech.	0
11. Hearing with a hearing aid or other aid if normally worn.	11(a)	Cannot hear sounds at all.	15
	(b)	Cannot hear well enough to follow a television programme with the volume turned up.	15
	(c)	Cannot hear well enough to understand someone talking in a loud voice in a quiet room.	15
	(d)	Cannot hear well enough to understand	10

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

		someone talking in a normal voice in a quiet room.	
	(e)	Cannot hear well enough to understand someone talking in a normal voice on a busy street.	8
	(f)	No problem with hearing.	0
12. Vision in normal daylight or bright electric light with glasses or other aid to vision if such aid is normally worn.	12(a)	Cannot tell light from dark.	15
	(b)	Cannot see the shape of furniture in the room.	15
	(c)	Cannot see well enough to read 16 point print at a distance greater than 20 centimetres.	15
	(d)	Cannot see well enough to recognise a friend across the room [ <sup>F12</sup> at a distance of at least 5 metres].	12
	(e)	Cannot see well enough to recognise a friend across the road [ <sup>F13</sup> at a distance of at least 15 metres].	8
	(f)	No problem with vision.	0
13. Contenance [ <sup>F14</sup> (other than enuresis (bed wetting))].	13(a)	No voluntary control over bowels.	15
	(b)	No voluntary control over bladder.	15
	(c)	Loses control of bowels at least once a week.	15

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(d)	Loses control of bowels at least once a month.	15
	(e)	Loses control of bowels occasionally.	9
	(f)	Loses control of bladder at least once a month.	3
	(g)	Loses control of bladder occasionally.	0
	(h)	No problem with continence.	0
14. Remaining conscious [F15 without having epileptic or similar seizures during waking moments].	14(a)	Has an involuntary episode of lost or altered consciousness at least once a day.	15
	(b)	Has an involuntary episode of lost or altered consciousness at least once a week.	15
	(c)	Has an involuntary episode of lost or altered consciousness at least once a month.	15
	(d)	Has had an involuntary episode of lost or altered consciousness at least twice in the 6 months before the day in respect to which it falls to be determined whether he is incapable of work for the purposes of entitlement to any benefit, allowance or advantage.	12
	(e)	Has had an involuntary episode of lost or altered consciousness once in the 6 months before the day in respect to which it falls to be determined whether he is incapable of work for the purposes of	8

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

- entitlement to any benefit, allowance or advantage.
- (f) Has had an involuntary 0 episode of lost or altered consciousness once in the 3 years before the day in respect to which it falls to be determined whether he is incapable of work for the purposes of entitlement to any benefit, allowance or advantage.
- (g) Has no problems with 0 consciousness.

- 
- F1** Words in Sch. Pt. 1 added (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(i)**
- F2** Words in Sch. Pt. 1 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(ii)**
- F3** Words in Sch. Pt. 1 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(iii)(aa)**
- F4** Words in Sch. Pt. 1 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(iii)(ab)**
- F5** Words in Sch. Pt. 1 added (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(iii)(ac)**
- F6** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(a)(i)**
- F7** Words in Sch. Pt. 1 added (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(iv)**
- F8** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(v)(aa)**
- F9** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(v)(ab)**
- F10** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(b)(v)(ac)**
- F11** Words in Sch. Pt. 1 added (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), 2(11), **2(11)(b)(v)(ad)**
- F12** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), 2(11)(aa), **2(11)(b)(vi)**
- F13** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), 2(11)(ab), **2(11)(b)(vi)**
- F14** Words in Sch. Pt. 1 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(a)(ii)**
- F15** Words in Sch. Pt. 1 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#), regs. 1(1), **2(11)(a)(iii)**

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

- F1** Words in Sch. Pt. 1 added (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(i)**
- F2** Words in Sch. Pt. 1 substituted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(ii)**
- F3** Words in Sch. Pt. 1 substituted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(iii)(aa)**
- F4** Words in Sch. Pt. 1 substituted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(iii)(ab)**
- F5** Words in Sch. Pt. 1 added (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(iii)(ac)**
- F6** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(a)(i)**
- F7** Words in Sch. Pt. 1 added (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(iv)**
- F8** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(v)(aa)**
- F9** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(v)(ab)**
- F10** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(b)(v)(ac)**
- F11** Words in Sch. Pt. 1 added (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), 2(11), **2(11)(b)(v)(ad)**
- F12** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), 2(11)(aa), **2(11)(b)(vi)**
- F13** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), 2(11)(ab), **2(11)(b)(vi)**
- F14** Words in Sch. Pt. 1 inserted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(a)(ii)**
- F15** Words in Sch. Pt. 1 substituted (6.1.1997) by The Social Security (Incapacity for Work and Miscellaneous Amendments) Regulations 1996 (S.I. 1996/3207), regs. 1(1), **2(11)(a)(iii)**

## part ii

### MENTAL DISABILITIES

<b>(1)</b> <b>Activity</b>		<b>(2)</b> <b>Descriptor</b>	<b>(3)</b> <b>Points</b>
15. Completion of tasks.	15(a)	Cannot answer the telephone and reliably take a message.	2
	(b)	Often sits for hours doing nothing.	2
	(c)	Cannot concentrate to read a magazine article or follow a radio [ <sup>F16</sup> or television] programme.	1

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

	(d)	Cannot use a telephone book or other directory to find a number.	1
	(e)	Mental condition prevents him from undertaking leisure activities previously enjoyed.	1
	(f)	Overlooks or forgets the risk posed by domestic appliances or other common hazards due to poor concentration.	1
	(g)	Agitation, confusion or forgetfulness has resulted in [F17 potentially dangerous] or accidents in the 3 months before the day in respect to which it falls to be determined whether he is incapable of work for the purposes of entitlement to any benefit, allowance or advantage.	1
	(h)	Concentration can only be sustained by prompting.	1
16. Daily living.	16(a)	Needs encouragement to get up and dress.	2
	(b)	Needs alcohol before midday.	2
	(c)	Is frequently distressed at some time of the day due to fluctuation of mood.	1
	(d)	Does not care about his appearance and living conditions.	1
	(e)	Sleep problems interfere with his daytime activities.	1

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) [View outstanding changes](#)

17. Coping with pressure.	17(a)	Mental stress was a factor in making him stop work.	2
	(b)	Frequently feels scared or panicky for no obvious reason.	2
	(c)	Avoids carrying out routine activities because he is convinced they will prove too tiring or stressful.	1
	(d)	Is unable to cope with changes in daily routine.	1
	(e)	Frequently finds there are so many things to do that he gives up because of fatigue, apathy or disinterest.	1
	(f)	Is scared or anxious that work would bring back or worsen his illness.	1
18. Interaction with other people.	18(a)	Cannot look after himself without help from others.	2
	(b)	Gets upset by ordinary events and it results in disruptive behavioural problems.	2
	(c)	Mental problems impair ability to communicate with other people.	2
	(d)	Gets irritated by things that would not have bothered him before he became ill.	1
	(e)	Prefers to be left alone for 6 hours or more each day.	1
	(f)	Is too frightened to go out alone.	1

**Changes to legislation:** There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations. (See end of Document for details) [View outstanding changes](#)

- F16** Words in Sch. Pt. 2 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#) , regs. 1(1) , **2(11)(c)(i)**
- F17** Words in Sch. Pt. 2 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#) , regs. 1(1) , **2(11)(c)(ii)**

- F16** Words in Sch. Pt. 2 inserted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#) , regs. 1(1) , **2(11)(c)(i)**
- F17** Words in Sch. Pt. 2 substituted (6.1.1997) by [The Social Security \(Incapacity for Work and Miscellaneous Amendments\) Regulations 1996 \(S.I. 1996/3207\)](#) , regs. 1(1) , **2(11)(c)(ii)**

**Changes to legislation:**

There are outstanding changes not yet made by the legislation.gov.uk editorial team to The Social Security (Incapacity for Work) (General) Regulations 1995. Any changes that have already been made by the team appear in the content and are referenced with annotations.

[View outstanding changes](#)

**Changes and effects yet to be applied to :**

- reg.17(2)(a) amended by [S.I. 1996/484 reg.2](#)
- reg.17(2)(a) amended by [S.I. 1997/546 reg.2](#)

**Changes and effects yet to be applied to the whole Instrument associated Parts and Chapters:**

- Act modified by [S.I. 1999/1088 regs.3.4-67](#)