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STATUTORY INSTRUMENTS

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**1992 No. 3004**

**The Workplace (Health, Safety and Welfare) Regulations 1992**

**Facilities for rest and to eat meals**

- 25.**—(1) Suitable and sufficient rest facilities shall be provided at readily accessible places.
- (2) Rest facilities provided by virtue of paragraph (1) shall—
- (a) where necessary for reasons of health or safety include, in the case of a new workplace, an extension or a conversion, rest facilities provided in one or more rest rooms, or, in other cases, in rest rooms or rest areas;
  - (b) include suitable facilities to eat meals where food eaten in the workplace would otherwise be likely to become contaminated.
- (3) Rest rooms and rest areas shall include suitable arrangements to protect non-smokers from discomfort caused by tobacco smoke.
- (4) Suitable facilities shall be provided for any person at work who is a pregnant woman or nursing mother to rest.
- (5) Suitable and sufficient facilities shall be provided for persons at work to eat meals where meals are regularly eaten in the workplace.