

SCHEDULE 1

Regulation 2(1)(a)

Vitamins and minerals which may be used in the manufacture of food supplements

<i>1. Vitamins</i>	<i>2. Minerals</i>
Vitamin A (µg RE)	Calcium (mg)
Vitamin D (µg)	Magnesium (mg)
Vitamin E (mg α-TE)	Iron (mg)
Vitamin K (µg)	Copper (µg)
Vitamin B1 (mg)	Iodine (µg)
Vitamin B2 (mg)	Zinc (µg)
Niacin (mg NE)	Manganese (mg)
Pantothenic acid (mg)	Sodium (mg)
Vitamin B6 (mg)	Potassium (mg)
Folic acid (µg)	Selenium (µg)
Vitamin B12 (µg)	Chromium (µg)
Biotin (µg)	Molybdenum (µg)
Vitamin C (mg)	Fluoride (mg)
	Chloride (mg)
	Phosphorus (mg)

SCHEDULE 2

Regulation 2(1)(b)

Vitamin and mineral substances which may be used in the manufacture of food supplements

A. Vitamins

1. VITAMIN A

- (a) retinol
- (b) retinyl acetate
- (c) retinyl palmitate
- (d) beta-carotene

2. VITAMIN D

- (a) cholecalciferol
- (b) ergocalciferol

3. VITAMIN E

- (a) D-alpha-tocopherol
- (b) DL-alpha-tocopherol

- (c) D-alpha-tocopheryl acetate
- (d) DL-alpha-tocopheryl acetate
- (e) D-alpha-tocopheryl acid succinate

4. VITAMIN K

- (a) phylloquinone (phytomenadione)

5. VITAMIN B1

- (a) thiamin hydrochloride
- (b) thiamine mononitrate

6. VITAMIN B2

- (a) riboflavin
- (b) riboflavin 5'-phosphate, sodium

B. Minerals

calcium carbonate

calcium chloride

calcium salts of citric acid

calcium gluconate

calcium glycerophosphate

calcium lactate

calcium salts of orthophosphoric acid

calcium hydroxide

calcium oxide

magnesium acetate

magnesium chloride

magnesium salts of citric acid

magnesium gluconate

magnesium glycerophosphate

magnesium salts of orthophosphoric acid

magnesium lactate

magnesium hydroxide

magnesium oxide

magnesium sulphate

ferrous carbonate

ferrous citrate

ferric ammonium citrate

ferrous gluconate

- ferrous fumarate
- ferric sodium diphosphate
- ferrous lactate
- ferrous sulphate
- ferric diphosphate (ferric pyrophosphate)
- ferric saccharate
- elemental iron (carbonyl+electrolytic+hydrogen reduced)
- cupric carbonate
- cupric citrate
- cupric gluconate
- cupric sulphate
- copper lysine complex
- sodium iodide
- sodium iodate
- potassium iodide
- potassium iodate
- 7. NIACIN
 - (a) nicotinic acid
 - (b) nicotinamide
- 8. PANTOTHENIC ACID
 - (a) D-pantothenate, calcium
 - (b) D-pantothenate, sodium
 - (c) dexpanthenol
- 9. VITAMIN B6
 - (a) pyridoxine hydrochloride
 - (b) pyridoxine 5'-phosphate
- 10. FOLIC ACID
 - (a) pteroylmonoglutamic acid
- 11. VITAMIN B12
 - (a) cyanocobalamin
 - (b) hydroxocobalamin
- 12. BIOTIN
 - (a) D-biotin
- 13. VITAMIN C
 - (a) L-ascorbic acid

(b) sodium-L-ascorbate
(c) calcium-L-ascorbate
(d) potassium-L-ascorbate
(e) L-ascorbyl 6-palmitate
zinc acetate
zinc chloride
zinc citrate
zinc gluconate
zinc lactate
zinc oxide
zinc carbonate
zinc sulphate
manganese carbonate
manganese chloride
manganese citrate
manganese gluconate
manganese glycerophosphate
manganese sulphate
sodium bicarbonate
sodium carbonate
sodium chloride
sodium citrate
sodium gluconate
sodium lactate
sodium hydroxide
sodium salts of orthophosphoric acid
potassium bicarbonate
potassium carbonate
potassium chloride
potassium citrate
potassium gluconate
potassium glycerophosphate
potassium lactate
potassium hydroxide
potassium salts of orthophosphoric acid

sodium selenite

sodium hydrogen selenite

sodium selenite

chromium (III) chloride

chromium (III) sulphate

ammonium molybdate (molybdenum (VI))

sodium molybdate (molybdenum (VI))

potassium fluoride

sodium fluoride
