

SCHEDULE 3

Regulations 3(2) and 5(3)

Nutrient standards – school meals

1. This schedule applies to—
 - (a) the provision of school meals for primary school pupils,
 - (b) the provision of analysed lunches for secondary school pupils,
 - (c) the provision of evening meals for secondary school pupils.
2. In this schedule—
 - (a) “average school meal” has the meaning given by paragraphs 4 and 5,
 - (b) “nutrient” means any substance listed in column 1 of the table in paragraph 6,
 - (c) references to “school meal” do not include a school lunch provided for secondary school pupils which is not an analysed lunch.
3. All food and drink provided as part of a school meal must be included in the energy and nutrient standards calculations under this Part.
4. The energy contained within the average school meal as calculated on a daily basis must be calculated in accordance with the following formula—

$$\frac{A}{B}$$

Where

“A” is the total energy provided in all school meals served in a day,

“B” is the estimated number of school meals served to pupils during that day.

5. The energy and nutrient content of the average school meal as calculated on a weekly basis must be calculated in accordance with the following formula—

$$\frac{C}{D} + E$$

Where

“C” is the total amount of energy and nutrient content provided in all school meals served in the course of a school week

“D” is the estimated number of school meals served to pupils during that school week,

“E” is the number of days in the school week.

6. The average school meal must provide—
 - (a) an amount of energy which is either the figure specified in the corresponding entry in column 3 or 4 of the table as appropriate, or—
 - (i) within 15% of that figure on a daily basis, calculated in accordance with paragraph 4, and
 - (ii) within 10% of that figure on a weekly basis calculated in accordance with paragraph 5,
 - (b) no more than the amounts of fat, saturated fat, free sugars and sodium specified in the corresponding entries in column 3 or 4 of the table as appropriate, and
 - (c) as a minimum, the amounts of all other nutrients specified in the corresponding entries in column 3 or 4 of the table as appropriate.

Status: This is the original version (as it was originally made).

TABLE

<i>Column 1</i>	<i>Column 2</i>	<i>Column 3</i>	<i>Column 4</i>
<i>Nutrient</i>	<i>Minimum or maximum value (where applicable)</i>	<i>School meal provided to primary school pupils</i>	<i>School meal provided to secondary school pupils</i>
Energy (kilo calories)		518	745
(kilojoules)		2165	3114
Total fat (grams)	Max	20.1	29
Saturated fat (grams)	Max	6.3	9.1
Total carbohydrates (grams)	Min	69.1	99.3
Free sugars (grams)	Max	10.4	14.9
Fibre (AOAC) (grams)	Min	6	9
Protein (grams)	Min	19.4	27.9
Iron (milligrams)	Min	3	4.4
Calcium (milligrams)	Min	165	300
Vitamin A (retinol equivalent) (micrograms)	Min	150	187
Vitamin C (milligrams)	Min	9	11
Folate (micrograms)	Min	45	60
Sodium (milligrams)	Max	686	824
Zinc (milligrams)	Min	2.1	2.8

7. The formulae in paragraphs 4 and 5 are to be applied separately to—
- a school lunch provided to primary school pupils,
 - an evening meal provided to primary school pupils,
 - an analysed lunch provided to secondary school pupils,
 - an evening meal provided to secondary school pupils.