

## SCHEDULE 1

Standards applicable to food and drink provided to primary school pupils

### PART 2

#### Primary school meals only

**12.** The requirements in this Part apply to the provision of food and drink as part of a school meal for primary school pupils.

**13.** At least two portions of vegetables and one portion of fruit must be offered as part of a school meal and—

- (a) a portion of fruit or vegetables is at least 40 grams (including fresh, frozen or tinned (drained weight)),
- (b) a portion of dried fruit is at least 15 grams.

**14.** Oily fish must be provided at least once every 3 weeks.

**15.** No more than a total of 175 grams of specified meat and processed specified meat can be provided in school lunches or in evening meals over the course of the school week, of which no more than 100 grams can be processed specified meat.

**16.—(1)** Food that has been deep fried in the cooking or manufacturing process is not to be provided in a primary school meal more than 3 times in a week.

(2) Chips must only be served as part of a school meal.

**17.** Only the following savoury snacks can be provided with the school meal—

- (a) plain savoury crackers,
- (b) plain oatcakes,
- (c) plain breadsticks.

**18.** Sweetened baked products and desserts are not to be provided with the school meal more than 3 times per week and when provided with the school meal must contain no more than 15 grams of total sugars per portion.