
SCOTTISH STATUTORY INSTRUMENTS

2020 No. 153

EDUCATION

**The Nutritional Requirements for Food and
Drink in Schools (Scotland) Regulations 2020**

Made - - - - - *14th May 2020*
Laid before the Scottish
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Coming into force *8th April 2021*

**THE NUTRITIONAL REQUIREMENTS FOR FOOD AND
DRINK IN SCHOOLS (SCOTLAND) REGULATIONS 2020**

1. Citation and commencement
 2. Interpretation and application
 3. Provision of school meals - primary school pupils
 4. Provision of other food and drink - primary school pupils
 5. Provision of school meals - secondary school pupils
 6. Provision of other food and drink - secondary school pupils
 7. Provision of drinking water
 8. Revocation
- Signature

SCHEDULE 1 Standards applicable to food and drink provided to primary school pupils

PART 1 Primary school meals and at other times

1. The requirements in this Part apply to the provision of...
2. Specified meat and processed specified meat cannot be served other...
3. Breakfast cereals provided must contain— (a) a total sugars content...
4. Bread and bread rolls provided must contain a total fibre...
5. Pastry and products containing pastry can be provided no more...
6. Sweetened yoghurt, fromage frais or other milk based desserts can...
7. No confectionery can be provided.
8. (1) Oils must contain a total saturated fat content which...
9. (1) No salt is to be provided to add to...
10. Only the following drinks can be provided—

Status: This is the original version (as it was originally made).

11. (1) Milk must contain a total fat content which does...
PART 2 Primary school meals only
 12. The requirements in this Part apply to the provision of...
 13. At least two portions of vegetables and one portion of...
 14. Oily fish must be provided at least once every 3...
 15. No more than a total of 175 grams of specified...
 16. (1) Food that has been deep fried in the cooking...
 17. Only the following savoury snacks can be provided with the...
 18. Sweetened baked products and desserts are not to be provided...
PART 3 Provision of food and drink other than as part
of a primary school meal
 19. The requirements in this Part apply to food and drink...
 20. Portions of fruit or vegetables must be made available in...
 21. (1) With the exception of savoury snacks, no food that...
 22. Each portion of sweetened baked products and desserts provided must...
SCHEDULE 2 Standards applicable to food and drink provided to
secondary school pupils
PART 1 Secondary school meals and at other times
 1. The requirements in this Part apply to the provision of...
 2. Oily fish must be provided at least once every 3...
 3. (1) No more than a total of 230 grams of...
 4. Portions of fruit or vegetables must be made available in...
 5. Breakfast cereals provided must contain— (a) a total sugars content...
 6. Bread and bread rolls provided must contain a minimum of...
 7. (1) With the exception of savoury snacks provided under paragraph...
 8. (1) The following savoury snacks can be provided—
 9. Pastry and products containing pastry can be provided no more...
 10. No confectionery can be provided.
 11. Sweetened yoghurt, fromage frais or other milk based desserts can...
 12. Each portion of sweetened baked products and desserts provided must...
 13. (1) No salt is to be provided to add to...
 14. (1) Oils must contain a total saturated fat content which...
 15. Only the following drinks can be provided at any time...
 16. (1) Milk must contain a total fat content which does...
PART 2 Secondary school meals only
 17. The requirements in this Part apply to the provision of...
 18. An analysed lunch must— (a) be offered each day,
 19. At least two portions of vegetables and one portion of...
 20. A school lunch that is not an analysed lunch is...
SCHEDULE 3 Nutrient standards – school meals
 1. This schedule applies to— (a) the provision of school meals...
 2. In this schedule— (a) “average school meal” has the meaning...
 3. All food and drink provided as part of a school...
 4. The energy contained within the average school meal as calculated...
 5. The energy and nutrient content of the average school meal...
 6. The average school meal must provide— (a) an amount of...
 7. The formulae in paragraphs 4 and 5 are to be...
- Explanatory Note