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SCOTTISH STATUTORY INSTRUMENTS

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**2011 No. 331**

The Prisons and Young Offenders  
Institutions (Scotland) Rules 2011

PART 4

ACCOMMODATION, CLOTHING, HYGIENE AND FOOD

**Provision of bedding**

**30.**—(1) The Governor must—

- (a) provide every prisoner with a separate bed or sleeping plinth;
- (b) provide sufficient bedding as necessary for the prisoner's warmth and health; and
- (c) make provision for the bedding to be changed or cleaned as frequently as required to ensure good hygiene.

(2) A prisoner may request to have only a mattress instead of a bed and the Governor may agree to this.

(3) A prisoner may only have bedding which the Governor has provided under this rule or which the Governor has consented to the prisoner having.