#### SCHEDULE 1

## ADULT DISABILITY PAYMENT DETERMINATION

## PART 1

# Interpretation

#### 1. In this schedule—

"aided" means with-

- (a) the use of an aid or appliance, or
- (b) supervision, prompting or assistance,
- "assistance" means physical intervention by another person and does not include speech,
- "assistance dog" means a dog trained to guide or assist a person with a sensory impairment,
- "basic verbal information" means information in the individual's native language conveyed verbally in a simple sentence and excludes information that is not communicated orally or received aurally,
- "basic written information" means signs, symbols and dates written or printed in standard size text in the individual's native language,
- "bathe" includes get into or out of an unadapted bath or shower,
- "communication support" means support from a person trained or experienced in communicating with people in general, or the individual in particular, with specific communication needs, including interpreting verbal information into a non-verbal form and vice versa,
- "complex budgeting decisions" means decisions involving—
- (a) calculating household and personal budgets,
- (b) managing and paying bills, and
- (c) planning future purchases,
- "complex verbal information" means information in the individual's native language conveyed verbally in either more than one sentence or one complicated sentence and excludes information that is not communicated orally or received aurally,
- "complex written information" means more than one sentence of written or printed standard size text in the individual's native language.
- "cook" means heat food at or above waist height,
- "dress" includes put on socks and shoes,
- "engage socially" means—
- (a) interact with others in a contextually and socially appropriate manner,
- (b) understand body language, and
- (c) establish relationships,
- "follow the route of a journey" means for an individual to navigate and make their way along a planned route to a planned destination,
- "manage incontinence" means manage involuntary evacuation of the bowel or bladder, including using a collecting device or self-catheterisation, and clean oneself afterwards,

"manage medication" means take medication which improves the individual's symptoms or health, or, take medication where failure to do so is likely to result in a deterioration in the individual's health,

"manage therapy" means undertake therapy which improves the individual's symptoms or health, or, undertake therapy where a failure to do so is likely to result in a deterioration in the individual's health,

"medication" means medication to be taken at home which is prescribed or recommended by a—

- (a) registered—
  - (i) medical practitioner,
  - (ii) nurse,
  - (iii) pharmacist, or
- (b) health professional who is registered by the Health and Care Professions Council,
- "monitor a health condition" means—
- (a) detect significant changes in the individual's health condition which are likely to lead to a deterioration in the individual's health, and
- (b) take action advised by a—
  - (i) registered medical practitioner,
  - (ii) registered nurse, or
  - (iii) health professional who is registered by the Health and Care Professions Council, without which the individual's health is likely to deteriorate,

"orientation aid" means a specialist aid designed to assist disabled people to follow a route safely,

"prepare", in the context of food, means make food ready for cooking or eating,

"prompting" means reminding, encouraging or explaining by another person,

"psychological distress" means distress related to an enduring mental condition or an intellectual or cognitive impairment,

"read" includes read signs, symbols and words but does not include read Braille,

"simple budgeting decisions" means decisions involving—

- (a) calculating the cost of goods, and
- (b) calculating change required after a purchase,

"simple meal" means a cooked one-course meal for one using fresh ingredients,

"social support" means support from a person trained or experienced in assisting people in general, or the individual in particular, to engage in social situations,

"stand" means stand upright with at least one biological foot on the ground,

"supervision" means the continuous presence of another person for the purpose of ensuring an individual's safety,

"take nutrition" means—

- (a) cut food into pieces, convey food and drink to one's mouth and chew and swallow food and drink, or
- (b) ingest nutrition by using a therapeutic source,

"therapeutic source" means parenteral or enteral tube feeding, using a rate-limiting device such as a delivery system or feed pump,

Draft Legislation: This is a draft item of legislation. This draft has since been made as a Scottish Statutory Instrument: The Disability Assistance for Working Age People (Scotland) Regulations 2022 No. 54

"therapy" means therapy to be undertaken at home which is prescribed or recommended by a—

- (a) registered—
  - (i) medical practitioner,
  - (ii) nurse, or
  - (iii) pharmacist, or
- (b) health professional regulated by Health and Care Professions Council,

but does not include taking or applying, or otherwise receiving or administering, medication (whether orally, topically or by any other means), or any action which, in the individual's case, falls within the definition of "monitor a health condition",

"toilet needs" means-

- (a) getting on and off an unadapted toilet,
- (b) evacuating the bladder and bowel, and
- (c) cleaning oneself afterwards,

"unaided" means without—

- (a) the use or aid of an appliance, or
- (b) supervision, prompting or assistance,

<sup>&</sup>quot;undress" includes take off socks and shoes.