

Changes to legislation: Regulation (EU) No 609/2013 of the European Parliament and of the Council is up to date with all changes known to be in force on or before 23 September 2023. There are changes that may be brought into force at a future date. Changes that have been made appear in the content and are referenced with annotations. (See end of Document for details) View outstanding changes

ANNEX

[^{F1}GREAT BRITAIN LIST] AS REFERRED TO IN ARTICLE 15(1)

Substance		Category of food				
		Infant formula and follow on formula	Processed cereal-based food and baby food	Food for special medical purposes	Total diet replacement for weight control	
Vitamins						
	Vitamin A					
		retinol	X	X	X	X
		retinyl acetate	X	X	X	X
		retinyl palmitate	X	X	X	X
		beta-carotene		X	X	X
	Vitamin D					
		ergocalciferol	X	X	X	X
		cholecalciferol	X	X	X	X
	Vitamin E					
		D-alpha tocopherol	X	X	X	X
		DL-alpha tocopherol	X	X	X	X
		D-alpha tocopheryl acetate	X	X	X	X
		DL-alpha tocopheryl acetate	X	X	X	X
		D-alpha-tocopheryl acid succinate			X	X
D-alpha-tocopheryl polyethylene glycol-1000 succinate (TPGS)				X		

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Vitamin K					
	phylloquinone (phytomenadione)	X	X	X	X
	Menaquinone ^a			X	X
Vitamin C					
	L-ascorbic acid	X	X	X	X
	sodium-L-ascorbate	X	X	X	X
	calcium-L-ascorbate	X	X	X	X
	potassium-L-ascorbate	X	X	X	X
	L-ascorbyl 6-palmitate	X	X	X	X
Thiamin					
	thiamin hydrochloride	X	X	X	X
	thiamin mononitrate	X	X	X	X
Riboflavin					
	riboflavin	X	X	X	X
	riboflavin 5'-phosphate, sodium	X	X	X	X
Niacin					
	nicotinic acid	X	X	X	X
	nicotinamide	X	X	X	X
Vitamin B ₆					
	pyridoxine hydrochloride	X	X	X	X
	pyridoxine 5'-phosphate	X	X	X	X
	pyridoxine dipalmitate		X	X	X
Folate					

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		folic acid (pteroylmonoglutamic acid)	X	X	X	X	
		[⁴⁵ Ca]-L-methylfolate	X		X	X]	
Vitamin B ₁₂							
		cyanocobalamin	X	X	X	X	
		hydroxocobalamin	X	X	X	X	
Biotin							
		D-biotin	X	X	X	X	
Pantothenic Acid							
		D-pantothenate, calcium	X	X	X	X	
		D-pantothenate, sodium	X	X	X	X	
		dexpanthenol	X	X	X	X	
Minerals							
	Potassium						
			potassium bicarbonate	X		X	X
			potassium carbonate	X		X	X
			potassium chloride	X	X	X	X
			potassium citrate	X	X	X	X
			potassium gluconate	X	X	X	X
			potassium glycerophosphate		X	X	X
			potassium lactate	X	X	X	X
			potassium hydroxide	X		X	X
			potassium salts of orthophosphoric acid	X		X	X

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	magnesium potassium citrate			X	X
Calcium					
	calcium carbonate	X	X	X	X
	calcium chloride	X	X	X	X
	calcium salts of citric acid	X	X	X	X
	calcium gluconate	X	X	X	X
	calcium glycerophosphate	X	X	X	X
	calcium lactate	X	X	X	X
	calcium salts of orthophosphoric acid	X	X	X	X
	calcium hydroxide	X	X	X	X
	calcium oxide		X	X	X
	calcium sulphate			X	X
	calcium bisglycinate			X	X
	calcium citrate malate			X	X
	calcium malate			X	X
	calcium L- pidolate			X	X
[⁴⁵ Ca]calcium phosphoryl oligosaccharides			X]		
Magnesium					
	magnesium acetate			X	X

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	magnesium carbonate	X	X	X	X
	magnesium chloride	X	X	X	X
	magnesium salts of citric acid	X	X	X	X
	magnesium gluconate	X	X	X	X
	magnesium glycerophosphate		X	X	X
	magnesium salts of orthophosphoric acid	X	X	X	X
	magnesium lactate		X	X	X
	magnesium hydroxide	X	X	X	X
	magnesium oxide	X	X	X	X
	magnesium sulphate	X	X	X	X
	magnesium L-aspartate			X	
	magnesium bisglycinate			X	X
	magnesium L-pidolate			X	X
	magnesium potassium citrate			X	X
Iron					
	ferrous carbonate		X	X	X
	ferrous citrate	X	X	X	X
	ferric ammonium citrate	X	X	X	X
	ferrous gluconate	X	X	X	X

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	ferrous fumarate	X	X	X	X
	ferric sodium diphosphate		X	X	X
	ferrous lactate	X	X	X	X
	ferrous sulphate	X	X	X	X
	ferrous ammonium phosphate			X	X
	ferric sodium EDTA			X	X
	ferric diphosphate (ferric pyrophosphate)	X	X	X	X
	ferric saccharate		X	X	X
	elemental iron (carbonyl + electrolytic + hydrogen reduced)		X	X	X
	[^{F4} ferrous bisglycinate	X	X	X	X]
	ferrous L-pidolate			X	X
Zinc					
	zinc acetate	X	X	X	X
	zinc chloride	X	X	X	X
	zinc citrate	X	X	X	X
	zinc gluconate	X	X	X	X
	zinc lactate	X	X	X	X
	zinc oxide	X	X	X	X
	zinc carbonate			X	X

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	zinc sulphate	X	X	X	X
	zinc bisglycinate			X	X
Copper					
	cupric carbonate	X	X	X	X
	cupric citrate	X	X	X	X
	cupric gluconate	X	X	X	X
	cupric sulphate	X	X	X	X
	copper lysine complex	X	X	X	X
Manganese					
	manganese carbonate	X	X	X	X
	manganese chloride	X	X	X	X
	manganese citrate	X	X	X	X
	manganese gluconate	X	X	X	X
	manganese glycerophosphate		X	X	X
	manganese sulphate	X	X	X	X
Fluoride					
	potassium fluoride			X	X
	sodium fluoride			X	X
Selenium					
	sodium selenate	X		X	X
	sodium hydrogen selenite			X	X

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	sodium selenite	X		X	X
	selenium enriched yeast ^b			X	X
Chromium					
	chromium (III) chloride and its hexahydrate			X	X
	chromium (III) sulphate and its hexahydrate			X	X
	chromium picolinate			X	X
Molybdenum					
	ammonium molybdate			X	X
	sodium molybdate			X	X
Iodine					
	potassium iodide	X	X	X	X
	potassium iodate	X	X	X	X
	sodium iodide	X	X	X	X
	sodium iodate		X	X	X
Sodium					
	sodium bicarbonate	X		X	X
	sodium carbonate	X		X	X
	sodium chloride	X		X	X
	sodium citrate	X		X	X

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	sodium gluconate	X		X	X
	sodium lactate	X		X	X
	sodium hydroxide	X		X	X
	sodium salts of orthophosphoric acid	X		X	X
	Boron				
	sodium borate			X	X
	boric acid			X	X
Amino acids ^c					
	L-alanine		—	X	X
	L-arginine	X and its hydrochloride	X and its hydrochloride	X	X
	L-aspartic acid			X	
	L-citrulline			X	
	L-cysteine	X and its hydrochloride	X and its hydrochloride	X	X
	Cystine ^d	X and its hydrochloride	X and its hydrochloride	X	X
	L-histidine	X and its hydrochloride	X and its hydrochloride	X	X
	L-glutamic acid			X	X
	L-glutamine			X	X
	glycine			X	
	L-isoleucine	X and its hydrochloride	X and its hydrochloride	X	X
	L-leucine	X and its hydrochloride	X and its hydrochloride	X	X

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	L-lysine	X and its hydrochloride	X and its hydrochloride	X	X
	L-lysine acetate			X	X
	L- methionine	X	X	X	X
	L-ornithine			X	X
	L- phenylalanine	X	X	X	X
	L-proline			X	
	L-threonine	X	X	X	X
	L- tryptophan	X	X	X	X
	L-tyrosine	X	X	X	X
	L-valine	X	X	X	X
	L-serine			X	
	L-arginine- L-aspartate			X	
	L-lysine-L- aspartate			X	
	L-lysine-L- glutamate			X	
	N-acetyl-L- cysteine			X	
	N-acetyl-L- methionine			X (in products intended for persons over 1 year of age)	
Carnitine and taurine	L-carnitine	X	X	X	X
	L-carnitine hydrochloride	X	X	X	X
	taurine	X		X	X
	L-carnitine- L-tartrate	X		X	X
Nucleotides					
	adenosine 5'-	X		X	X

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		phosphoric acid (AMP)				
		sodium salts of AMP	X		X	X
		cytidine 5'-monophosphoric acid (CMP)	X		X	X
		sodium salts of CMP	X		X	X
		guanosine 5'-phosphoric acid (GMP)	X		X	X
		sodium salts of GMP	X		X	X
		inosine 5'-phosphoric acid (IMP)	X		X	X
		sodium salts of IMP	X		X	X
		uridine 5'-phosphoric acid (UMP)	X		X	X
		sodium salts of UMP	X		X	X
Choline and inositol						
		choline	X	X	X	X
		choline chloride	X	X	X	X
		choline bitartrate	X	X	X	X
		choline citrate	X	X	X	X
		inositol	X	X	X	X

a Menaquinone occurring principally as menaquinone-7 and, to a minor extent, menaquinone-6.

b Selenium-enriched yeasts produced by culture in the presence of sodium selenite as selenium source and containing, in the dried form as marketed, not more than 2,5 mg Se/g. The predominant organic selenium species present in the yeast is selenomethionine (between 60 and 85 % of total extracted selenium in the product). The content of other organic selenium compounds including selenocysteine must not exceed 10 % of total extracted selenium. Levels of inorganic selenium normally must not exceed 1 % of total extracted selenium.

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- c** For amino acids used in infant formula, follow-on formula, processed cereal-based food and baby food only the hydrochloride specifically mentioned may be used. For amino acids used in food for special medical purposes and in total diet replacement for weight control, as far as applicable, also the sodium, potassium, calcium and magnesium salts as well as their hydrochlorides may be used.
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- d** In the case of use in infant formula, follow-on formula, processed cereal-based food and baby food, only the form L-cystine may be used.
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Textual Amendments

- F1** Words in [Annex heading](#) substituted (E.W.S.) (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019](#) (S.I. 2019/651), regs. 1(1), **19(19)** (as amended by S.I. 2020/1476, regs. 1(2), **5(4)(a)**); 2020 c. 1, Sch. 5 para. 1(1)
- F2** Words in [Annex table](#) substituted (10.2.2023) by [The Food Supplements and Food for Specific Groups \(Miscellaneous Amendments\) Regulations 2023](#) (S.I. 2023/28), regs. 1(2), **3(2)** (as amended by S.I. 2023/131, regs. 1(3), 2)
- F3** Inserted by [Commission Delegated Regulation \(EU\) 2017/1091](#) of 10 April 2017 amending the Annex to Regulation (EU) No 609/2013 of the European Parliament and of the Council as regards the list of substances that may be added to processed cereal-based food and baby food and to food for special medical purposes (Text with EEA relevance).
- F4** Substituted by [Commission Delegated Regulation \(EU\) 2017/1091](#) of 10 April 2017 amending the Annex to Regulation (EU) No 609/2013 of the European Parliament and of the Council as regards the list of substances that may be added to processed cereal-based food and baby food and to food for special medical purposes (Text with EEA relevance).

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Changes and effects yet to be applied to :

- Regulation applied (with modifications) by [S.I. 2023/959 reg. 4\(a\)Sch. 1](#)

Changes and effects yet to be applied to the whole legislation item and associated provisions

- Art. 16E omitted in earlier amending provision [S.I. 2019/651, reg. 19\(15\)](#) by [S.I. 2020/1476 reg. 5\(4\)\(d\)\(ii\)](#)