

Regulation (EC) No 1924/2006 of the European Parliament and of the Council of 20 December 2006 on nutrition and health claims made on foods

[^{X1}CHAPTER II

GENERAL PRINCIPLES

[^{X1} Article 3

General principles for all claims

Nutrition and health claims may be used in the labelling, presentation and advertising of foods placed on the market ^{F1}... only if they comply with the provisions of this Regulation.

Without prejudice to [^{F2}Regulation (EU) No 1169/2011 and the Business Protection from Misleading Marketing Regulations 2008], the use of nutrition and health claims shall not:

- (a) be false, ambiguous or misleading;
- (b) give rise to doubt about the safety and/or the nutritional adequacy of other foods;
- (c) encourage or condone excess consumption of a food;
- (d) [^{F3}state, suggest or imply that a balanced and varied diet cannot provide appropriate quantities of nutrients in general. [^{F4}The appropriate authority may by regulations adopt derogations in the case of nutrients for which sufficient quantities cannot be provided by a balanced and varied diet, including the conditions for their application, taking into account the special conditions present in the parts of Great Britain in relation to which the regulations are to be made.]]
- (e) refer to changes in bodily functions which could give rise to or exploit fear in the consumer, either textually or through pictorial, graphic or symbolic representations.]

Editorial Information

- X1** Substituted by [Corrigendum to Regulation \(EC\) No 1924/2006 of the European Parliament and of the Council of 20 December 2006 on nutrition and health claims made on foods \(Official Journal of the European Union L 404 of 30 December 2006\)](#).

Textual Amendments

- F1** Words in Art. 3 omitted (31.12.2020) by virtue of [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\)](#), regs. 1(1), **17(4)(a)**; 2020 c. 1, Sch. 5 para. 1(1)
- F2** Words in Art. 3 substituted (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\)](#), regs. 1(1), **17(4)(b)(i)**; 2020 c. 1, Sch. 5 para. 1(1)
- F3** Substituted by [Regulation \(EC\) No 107/2008 of the European Parliament and of the Council of 15 January 2008 amending Regulation \(EC\) No 1924/2006 on nutrition and health claims made on foods as regards the implementing powers conferred on the Commission](#).

Changes to legislation: There are currently no known outstanding effects for the Regulation (EC) No 1924/2006 of the european parliament and of the council, Article 3 . (See end of Document for details)

- F4** Words in Art. 3(d) substituted (31.12.2020) by [The Nutrition \(Amendment etc.\) \(EU Exit\) Regulations 2019 \(S.I. 2019/651\)](#), regs. 1(1), [17\(4\)\(b\)\(ii\)](#) (as amended by [S.I. 2020/1476](#), regs. 1(2), [5\(2\)\(c\)](#)); 2020 c. 1, [Sch. 5 para. 1\(1\)](#)

Changes to legislation:

There are currently no known outstanding effects for the Regulation (EC) No 1924/2006 of the european parliament and of the council, Article 3 .