

Directive 2002/46/EC of the European Parliament and of the Council  
of 10 June 2002 on the approximation of the laws of the Member  
States relating to food supplements (Text with EEA relevance)

- Article 1 (1) This Directive concerns food supplements marketed as foodstuffs and...
- Article 2 For the purposes of this Directive: 'food supplements' means foodstuffs...
- Article 3 Member States shall ensure that food supplements may be marketed...
- Article 4 (1) Only vitamins and minerals listed in Annex I, in...
- Article 5 (1) Maximum amounts of vitamins and minerals present in food...
- Article 6 (1) For the purposes of Article 5(1) of Directive 2000/13/EC,...
- Article 7 The labelling, presentation and advertising of food supplements shall not...
- Article 8 (1) The amount of the nutrients or substances with a...
- Article 9 (1) The declared values mentioned in Article 8(1) and (2)...
- Article 10 To facilitate efficient monitoring of food supplements, Member States may...
- Article 11 (1) Without prejudice to Article 4(7), Member States shall not,...
- Article 12 (1) Where a Member State, as a result of new...
- Article 13 (1) The Commission shall be assisted by the Standing Committee...
- Article 14 Provisions that may have an effect upon public health shall...
- Article 15 Member States shall bring into force the laws, regulations and...
- Article 16 This Directive shall enter into force on the day of...
- Article 17 This Directive is addressed to the Member States.

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ANNEX I

Vitamins and minerals which may be used in the manufacture of food supplements

1. Vitamins
2. Minerals

ANNEX II

Vitamin and mineral substances which may be used in the manufacture of food supplements

- A. Vitamins
  1. VITAMIN A
    - (a) retinol
    - (b) retinyl acetate
    - (c) retinyl palmitate
    - (d) beta-carotene
  2. VITAMIN D

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- (a) cholecalciferol
  - (b) ergocalciferol
3. VITAMIN E
  - (a) D-alpha-tocopherol
  - (b) DL-alpha-tocopherol
  - (c) D-alpha-tocopheryl acetate
  - (d) DL-alpha-tocopheryl acetate
  - (e) D-alpha-tocopheryl acid succinate
  - (f) mixed tocopherols
  - (g) tocotrienol tocopherol
4. VITAMIN K
  - (a) phylloquinone (phytomenadione)
  - (b) menaquinone
5. VITAMIN B1
  - (a) thiamin hydrochloride
  - (b) thiamin mononitrate
  - (c) thiamine monophosphate chloride
  - (d) thiamine pyrophosphate chloride
6. VITAMIN B2
  - (a) riboflavin
  - (b) riboflavin 5'-phosphate, sodium
7. NIACIN
  - (a) nicotinic acid
  - (b) nicotinamide
  - (c) inositol hexanicotinate (inositol hexaniacinate)
8. PANTOTHENIC ACID
  - (a) D-pantothenate, calcium
  - (b) D-pantothenate, sodium
  - (c) dexpanthenol
  - (d) pantethine
9. VITAMIN B6
  - (a) pyridoxine hydrochloride
  - (b) pyridoxine 5'-phosphate
  - (c) pyridoxal 5'-phosphate
10. FOLATE
  - (a) pteroylmonoglutamic acid
  - (b) calcium-L-methylfolate
  - (c) (6 S )-5-methyltetrahydrofolic acid, glucosamine salt
11. VITAMIN B12
  - (a) cyanocobalamin
  - (b) hydroxocobalamin
  - (c) 5'-deoxyadenosylcobalamin
  - (d) methylcobalamin
12. BIOTIN
  - (a) D-biotin
13. VITAMIN C
  - (a) L-ascorbic acid
  - (b) sodium-L-ascorbate
  - (c) calcium-L-ascorbate
  - (d) potassium-L-ascorbate
  - (e) L-ascorbyl 6-palmitate
  - (f) magnesium L-ascorbate
  - (g) zinc L-ascorbate

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## B. Minerals

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- (1) [OJ C 311 E, 31.10.2000, p. 207](#) and [OJ C 180 E, 26.6.2001, p. 248](#).
- (2) [OJ C 14, 16.1.2001, p. 42](#).
- (3) Opinion of the European Parliament of 14 February 2001 ([OJ C 276, 1.10.2001, p. 126](#)), Council Common Position of 3 December 2001 ([OJ C 90 E, 16.4.2002, p. 1](#)) and Decision of the European Parliament of 13 March 2002. Council Decision of 30 May 2002.
- (4) [OJ L 109, 6.5.2000, p. 29](#).
- (5) [OJ L 276, 6.10.1990, p. 40](#).
- (6) [OJ L 184, 17.7.1999, p. 23](#).