

SCHEDULE 1

Regulation 2(1)(a)

Vitamins and minerals which may be used in the manufacture of food supplements

<i>1. Vitamins</i>	<i>2. Minerals</i>
Vitamin A (µg RE)	Calcium (mg)
Vitamin D (µg)	Magnesium (mg)
Vitamin E (mg α-TE)	Iron (mg)
Vitamin K (µg)	Copper (µg)
Vitamin B1 (mg)	Iodine (µg)
Vitamin B2 (mg)	Zinc (µg)
Niacin (mg NE)	Manganese (mg)
Pantothenic acid (mg)	Sodium (mg)
Vitamin B6 (mg)	Potassium (mg)
Folic acid (µg)	Selenium (µg)
Vitamin B12 (µg)	Chromium (µg)
Biotin (µg)	Molybdenum (µg)
Vitamin C (mg)	Fluoride (mg)
	Chloride (mg)
	Phosphorus (mg)
	Boron (mg)
	Silicon (mg)

SCHEDULE 2

Regulation 2(1)(b)

Vitamin and mineral substances which may be used in the manufacture of food supplements

A. Vitamins
1. VITAMIN A
(a) retinol
(b) retinyl acetate
(c) retinyl palmitate
(d) beta-carotene
2. VITAMIN D
(a) cholecalciferol
(b) ergocalciferol
3. VITAMIN E

Draft Legislation: This is a draft item of legislation. This draft has since been made as a UK Statutory Instrument: *The Nutrition (Amendment etc.) (EU Exit) Regulations 2019 No. 651*

(a) D-alpha-tocopherol
(b) DL-alpha-tocopherol
(c) D-alpha-tocopheryl acetate
(d) DL-alpha-tocopheryl acetate
(e) D-alpha-tocopheryl acid succinate
(f) mixed tocopherols
(g) tocotrienol tocopherol
4. VITAMIN K
(a) phylloquinone (phytomenadione)
(b) menaquinone
5. VITAMIN B1
(a) thiamin hydrochloride
(b) thiamine mononitrate
(c) thiamine monophosphate chloride
(d) thiamine pyrophosphate chloride
6. VITAMIN B2
(a) riboflavin
(b) riboflavin 5'-phosphate, sodium
7. NIACIN
(a) nicotinic acid
(b) nicotinamide
(c) inositol hexanicotinate (inositol hexaniacinate)
8. PANTOTHENIC ACID
(a) D-pantothenate, calcium
(b) D-pantothenate, sodium
(c) dexpanthenol
(d) pantethine
9. VITAMIN B6
(a) pyridoxine hydrochloride
(b) pyridoxine 5'-phosphate
(c) pyridoxal 5'-phosphate
10. FOLATE
(a) pteroylmonoglutamic acid
(b) calcium-L-methylfolate

(c) (6S)-5-methyltetrahydrofolic acid, glucosamine salt
11. VITAMIN B12
(a) cyanocobalamin
(b) hydroxocobalamin
(c) 5'-deoxyadenosylcobalamin
(d) methylcobalamin
12. BIOTIN
(a) D-biotin
13. VITAMIN C
(a) L-ascorbic acid
(b) sodium-L-ascorbate
(c) calcium-L-ascorbate
(d) potassium-L-ascorbate
(e) L-ascorbyl 6-palmitate
(f) magnesium L-ascorbate
(g) zinc L-ascorbate
B. Minerals
calcium acetate
calcium L-ascorbate
calcium bisglycinate
calcium carbonate
calcium chloride
calcium citrate malate
calcium salts of citric acid
calcium gluconate
calcium glycerophosphate
calcium lactate
calcium pyruvate
calcium salts of orthophosphoric acid
calcium succinate
calcium hydroxide
calcium L-lysinate
calcium malate
calcium oxide

calcium L-pidolate
calcium L-threonate
calcium sulphate
calcium phosphoryl oligosaccharides
magnesium acetate
magnesium L-ascorbate
magnesium bisglycinate
magnesium carbonate
magnesium chloride
magnesium salts of citric acid
magnesium gluconate
magnesium glycerophosphate
magnesium salts of orthophosphoric acid
magnesium lactate
magnesium L-lysinate
magnesium hydroxide
magnesium malate
magnesium oxide
magnesium L-pidolate
magnesium potassium citrate
magnesium pyruvate
magnesium succinate
magnesium sulphate
magnesium taurate
magnesium acetyl taurate
ferrous carbonate
ferrous citrate
ferric ammonium citrate
ferrous gluconate
ferrous fumarate
ferric sodium diphosphate
ferrous lactate
ferrous sulphate
ferric diphosphate (ferric pyrophosphate)

ferric saccharate
elemental iron (carbonyl + electrolytic + hydrogen reduced)
ferrous bisglycinate
ferrous L-pidolate
ferrous phosphate
ferrous ammonium phosphate
ferric sodium EDTA
iron (II) taurate
cupric carbonate
cupric citrate
cupric gluconate
cupric sulphate
copper L-aspartate
copper bisglycinate
copper lysine complex
copper (II) oxide
sodium iodide
sodium iodate
potassium iodide
potassium iodate
zinc acetate
zinc L-ascorbate
zinc L-aspartate
zinc bisglycinate
zinc chloride
zinc citrate
zinc gluconate
zinc lactate
zinc L-lysinate
zinc malate
zinc mono-L-methionine sulphate
zinc oxide
zinc carbonate
zinc L-pidolate

zinc picolinate
zinc sulphate
manganese ascorbate
manganese L-aspartate
manganese bisglycinate
manganese carbonate
manganese chloride
manganese citrate
manganese gluconate
manganese glycerophosphate
manganese pidolate
manganese sulphate
sodium bicarbonate
sodium carbonate
sodium chloride
sodium citrate
sodium gluconate
sodium lactate
sodium hydroxide
sodium salts of orthophosphoric acid
sodium sulphate
potassium sulphate
potassium bicarbonate
potassium carbonate
potassium chloride
potassium citrate
potassium gluconate
potassium glycerophosphate
potassium lactate
potassium hydroxide
potassium L-pidolate
potassium malate
potassium salts of orthophosphoric acid
L-selenomethionine

selenium enriched yeast
selenious acid
sodium selenate
sodium hydrogen selenite
sodium selenite
chromium (III) chloride
chromium enriched yeast
chromium (III) lactate trihydrate
chromium nitrate
chromium picolinate
chromium (III) sulphate
ammonium molybdate (molybdenum (VI))
potassium molybdate (molybdenum (VI))
sodium molybdate (molybdenum (VI))
calcium fluoride
potassium fluoride
sodium fluoride
sodium monofluorophosphate
boric acid
sodium borate
choline-stabilised orthosilicic acid
silicon dioxide
silicic acid
organic silicon (monomethylsilanetriol)