

SCHEDULE 3

Regulation 6

LUNCH IN MAINTAINED PRIMARY AND SECONDARY SCHOOLS

1. The requirements in this Schedule apply to school lunch provided in primary and secondary schools unless otherwise stated.

Vegetables

- 2.—(1) At least one portion of vegetables or salad must be provided each day in primary schools.
- (2) At least two portions of vegetables or salad must be provided each day in secondary schools.
- (3) For the purposes of sub-paragraphs (1) and (2), “vegetables” excludes potatoes.

Fruit

- 3.—(1) At least one portion of fruit, fruit salad or fruit juice must be provided each day.
- (2) A fruit based dessert must be provided at least twice each week.
- (3) A portion of a fruit based dessert must contain fruit content—
 - (a) in primary schools, of at least 40 grams measured by the weight of the raw ingredients;
 - (b) in secondary schools, of at least 60 grams measured by the weight of the raw ingredients.

Fish

- 4.—(1) Subject to sub-paragraph (2), a portion of fish must be provided—
 - (a) at least once each week in primary schools; and
 - (b) at least twice each week in secondary schools.
- (2) A portion of oily fish must be provided at least twice during any four week period.

Potato and potato products

- 5.—(1) A portion of potato or potato product which is cooked in fat or oil must not be provided more than twice each week.
- (2) Where a potato or potato product under paragraph (1) is provided in secondary schools, an alternative starchy food that is not cooked in fat or oil must also be provided.

Deep-fried or flash-fried food

- 6.—(1) A portion of food, including prepared, coated, battered and breaded food products, deep-fried or flash-fried on school premises or during the manufacturing process must not be provided more than twice each week.
- (2) Food in sub-paragraph (1) does not include potato and potato products.

Meat

7. Meat must be provided—
 - (a) in primary schools on at least two days each week;
 - (b) in secondary schools on at least three days each week.

Meat Products

- 8.—(1) No more than two meat products are to be provided each week.
- (2) A meat product provided under paragraph (1) must not be served more than twice each week.
- (3) For the purposes of paragraphs (1) and (2), meat product does not include luncheon meat.
- (4) Meat products including luncheon meat must meet the minimum meat content levels set out in Schedule 2 to the Meat Product Regulations.
- (5) No meat product must be provided if it contains any carcase part listed in regulation 6(2) of the Meat Products Regulations, subject to the exception in regulation 6(3) of those Regulations.
- (6) No economy burgers as defined in Schedule 2 to the Meat Products Regulations must be provided.
- (7) Any shaped meat product consisting of a mixture of meat and other ingredients which is not included in the reserved descriptions specified in Schedule 2 to the Meat Product Regulations may only be provided if it complies with the meat content requirements for “Burger” in that Schedule.

Confectionary and savoury snacks

9. No confectionery or savoury snacks may be provided.

Cakes and biscuits

10. Cakes and biscuits must not contain any confectionery.

Salt and condiments

- 11.—(1) No salt must be available to pupils to add to food after the cooking process is complete.
- (2) The portion of any condiment made available to pupils must not exceed 10ml.