
STATUTORY INSTRUMENTS

2018 No. 58

The Merchant Shipping (Maritime Labour
Convention) (Hours of Work) Regulations 2018

Entitlements under other provisions

18. Where during any period a seafarer is entitled to hours of rest or paid leave both under a provision of these Regulations and under a separate provision (including a provision of the seafarer's contract), the seafarer may not exercise the two rights separately, but may, in taking hours of rest or paid leave during that period, take advantage of whichever right is, in any particular respect, the more favourable.