
STATUTORY INSTRUMENTS

2013 No. 351

**The Local Authorities (Public Health
Functions and Entry to Premises by Local
Healthwatch Representatives) Regulations 2013**

PART 2

PUBLIC HEALTH FUNCTIONS

Conduct of health checks

5.—(1) Each local authority shall make arrangements to secure that the health checks offered to eligible persons in its area pursuant to regulation 4 are conducted, and that information related to each check is recorded and processed, in accordance with this regulation.

(2) Every person aged from 65 to 74 years who is undergoing a health check shall be given information at the time of the health check designed to raise their awareness of dementia and of the availability of memory services which offer further advice and assistance to people who may be experiencing memory difficulties, including making a diagnosis of dementia.

(3) Subject to paragraph (4), the following information relating to the person undergoing a health check shall be recorded at the time of the health check in relation to that person—

- (a) age of the person;
- (b) gender (being the person's reported or phenotypical gender);
- (c) smoking status;
- (d) family history of coronary heart disease in any parent or sibling when the parent or sibling was aged under sixty years;
- (e) ethnicity;
- (f) body mass index;
- (g) cholesterol level;
- (h) blood pressure;
- (i) physical activity levels, being categorised as inactive, moderately inactive, moderately active or active;
- (j) cardiovascular risk score;
- (k) AUDIT score.

(4) The duty in paragraph (3) does not apply in respect of any information which cannot be obtained because the person undergoing the check—

- (a) is unable, or refuses, to provide the information, or
- (b) does not consent to any test or procedure necessary to obtain that information.

(5) In this regulation—

“AUDIT score” means a score categorising the level of risk associated with the person’s alcohol consumption;

“cardiovascular risk score” means a score relating to the person’s risk of having a cardiovascular event during the ten years following the health check;

“health professional” means a member of a profession regulated by a body mentioned in section 25(3) of the National Health Service Reform and Health Care Professions Act 2002⁽¹⁾.

(6) The cardiovascular risk score shall be calculated—

(a) using the information recorded under sub-paragraphs (a) to (h) of paragraph (3); and

(b) using an appropriate risk engine, being a software programme which will predict cardiovascular risk based on the population mix within the local authority’s area.

(7) The AUDIT score shall be derived from the administration of the World Health Organisation Alcohol Use Disorders Identification Test, Guidelines for Use in Primary Care, Second Edition⁽²⁾.

(8) The following information relating to the person undergoing the health check shall be communicated to that person as soon as reasonably practicable after the test has taken place—

(a) body mass index;

(b) cholesterol level;

(c) blood pressure;

(d) cardiovascular risk score;

(e) AUDIT score.

(9) In any case where the health check has not been conducted by a health professional who is providing the person undergoing the health check with primary medical services⁽³⁾, a record of the health check containing the information which is required to be recorded under paragraph (3) shall be forwarded to such a health professional.

(1) 2002 c.17; section 25(3) was amended by paragraph 17 of Schedule 10 to the Health and Social Care Act 2008 (c.14), by paragraph 56(b) of Schedule 17 to the 2012 Act, and by S.I. 2010/231.

(2) Thomas F. Babor, John C. Higgins-Biddle, John B. Saunders, Maristela G. Monteiro, “The Alcohol Use Disorders Identification Test”, Guidelines for Use in Primary Care, Second Edition, WHO/MSD/MSB/01.6a; World Health Organization, 2001. Copies are available from <http://www.who.int/>.

(3) See section 83 of the 2006 Act for the meaning of primary medical services.