#### SCHEDULE 1

Regulations 8, 11 and 13(1)(f)

# ESSENTIAL COMPOSITION OF INFANT FORMULAE WHEN RECONSTITUTED AS INSTRUCTED BY THE MANUFACTURER

(All values refer to the product ready for use)

#### **Energy**

1.

Minimum	Maximum
250 kJ	315 kJ
(60 kcal/100 ml)	(75 kcal/100 ml)

#### **Proteins**

2. (Protein content=nitrogen content  $\times$  6.38) for cows' milk proteins.

(Protein content=nitrogen content × 6.25) for soya protein isolates.

(2.1) Formulae manufactured from unmodified cows' milk proteins

Minimum	Maximum
0.56 g/100 kJ	0.7 g/100 kJ
(2.25 g/100 kcal)	(3 g/100 kcal)

- The chemical index of the proteins present shall be equal to at least 80% of that of the reference protein (breast milk, as defined in Schedule 6); nevertheless, for calculation purposes, the concentrations of methionine and cystine may be added together. The "chemical index" shall mean the lowest of the ratios between the quantity of each essential amino acid of the test protein and the quantity of each corresponding amino acid of the reference protein.
- (2.2) Formulae manufactured from modified cows' milk proteins (alteration of the casein/ whey protein ratio)

Minimum	Maximum
0.45 g/100 kJ	0.7 g/100 kJ
(1.8 g/100 kcal)	(3 g/100 kcal)

For an equal energy value, the formula must contain an available quantity of each essential and semi-essential amino acid at least equal to that contained in the reference protein (breast milk, as defined in Schedule 5).

(2.3) Formulae manufactured from soya protein isolates, alone or in a mixture with cows' milk proteins

Minimum	Maximum	
0.56 g/100 kJ	0.7 g/100 kJ	

- Only soya protein isolates may be used in manufacturing these formulae. The chemical index shall be equal to at least 80% of that of the reference protein (breast milk, as defined in Schedule 6).
- For an equal energy value the formula must contain an available quantity of methionine at least equal to that contained in the reference protein (breast milk, as defined in Schedule 5). The L–carnitine content shall be at least equal to 1.8 µmoles/100 kJ (7.5 µmoles/100 kcal).

Minimum	Maximum	
(2.25 g/100 kcal)	(3 g/100 kcal)	

- Only soya protein isolates may be used in manufacturing these formulae. The chemical index shall be equal to at least 80% of that of the reference protein (breast milk, as defined in Schedule 6). For an equal energy value the formula must contain an available quantity of methionine at least equal to that contained in the reference protein (breast milk, as defined in Schedule 5). The L–carnitine content shall be at least equal to 1.8 µmoles/100 kJ (7.5 µmoles/100 kcal).
- (2.4) In all cases, the addition of amino acids is permitted solely for the purpose of improving the nutritional value of the proteins, and only in the proportions necessary for that purpose.

## Lipids

3.

Minimum	Maximum
0.8 g/100 kJ	1.5 g/100 kJ
(3.3 g/100 kcal)	(6.5 g/100 kcal)

- (3.1) The use of the following substances is prohibited:
- sesame seed oil;
- cotton seed oil;
- fats containing more than 8% trans isomers of fatty acids.
- (3.2) Lauric acid

Minimum	Maximum
_	15% of the total fat content

#### (3.3) Myristic acid

Minimum	Maximum
_	15% of the total fat content

# (3.4) Linoleic acid (in the form of glycerides=linoleates)

Minimum	Maximum
70 mg/100 kJ	285 mg/100 kJ
(300 mg/100 kcal)	1200 mg/100 kcal)

#### Carbohydrates

4.

Minimum	Maximum
1.7 g/100 kJ	3.4  g/100  kJ
(7 g/100 kcal)	(14 g/100 kcal)

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(4.1)	Only t	he foll	lowing	carboh	ydrates	may	be	used:
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- lactose;
- maltose;
- sucrose;
- malto-dextrins;
- glucose syrup or dried glucose syrup;
- pre-cooked starch ) naturally free
- gelatinised starch ) of gluten
- (4.2) Lactose

Minimum	Maximum
0.85 g/100 kJ	_
(3.5 g/100 kcal)	_

This provision does not apply to formulae in which soya proteins represent more than 50% of the total protein content.

## (4.3) Sucrose

Minimum	Maximum
_	20% of the total carbohydrate content

# (4.4) Pre-cooked starch and/or gelatinised starch

Minimum	Maximum
	2  g/100  ml, and $30%$ of the total carbohydrate content

#### Mineral substances

5

# (5.1) Formulae manufactured from cows' milk proteins

		per 100 kJ		per 100 kcal		
		Minimum	Maximum	Minimum	Maximum	
Sodium	(mg)	5	14	20	60	
Potassium	(mg)	15	35	60	145	
Chloride	(mg)	12	29	50	125	
Calcium	(mg)	12	_	50	_	
Phosphorus	(mg)	6	22	25	90	
Magnesium	(mg)	1.2	3.6	5	15	
Iron	(mg)(1)	0.12	0.36	0.5	1.5	

The calcium/phosphorus ratio shall not be less than 1.2 nor greater than 2.0.

 $<sup>(1) \</sup>quad \hbox{Limit applicable to formulae with added iron.} \\$ 

		per 100 kJ		per 100 kcal	
		Minimum	Maximum	Minimum	Maximum
Zinc	(mg)	0.12	0.36	0.5	1.5
Copper	$(\mu g)$	4.8	19	20	80
Iodine	$(\mu g)$	1.2	_	5	_

The calcium/phosphorus ratio shall not be less than 1.2 nor greater than 2.0.

- (5.2) Formulae manufactured from soya proteins, alone or in a mixture with cows' milk proteins
- All requirements of paragraph 5.1. are applicable except those concerning iron and zinc, which are as follows:

		per 100 kJ		per 100 kcal	
		Minimum	Maximum	Minimum	Maximum
Iron	(mg)	0.25	0.5	1	2
Zinc	(mg)	0.18	0.6	0.75	2.4

#### **Vitamins**

6.

		per 100 kJ Minimum	Maximum	per 100 kcal Minimum	
Vitamin A	(μg–RE)( <b>2</b> )	14	43	60	180
Vitamin D	$(\mu g)(3)$	0.25	0.65	1	2.5
Thiamin	(µg)	10	_	40	_
Riboflavin	(µg)	14	_	60	_
Nicotinamide	$(\mu g-NE)(4)$	60	_	250	_
Pantothenic					
acid	(µg)	70	_	300	_
Vitamin B6	$(\mu g)$	9	_	35	_
Biotin	(µg)	0.4	_	1.5	_
Folic acid	(µg)	1	_	4	_
VitaminB12	$(\mu g)$	0.025	_	0.1	_
Vitamin C	(mg)	1.9	_	8	_
Vitamin K	$(\mu g)$	1	_	4	_
Vitamin E	(mg*-TE)( <b>5</b> )	0.5/g of	_	0.5/g of	_
		polyunsaturate fatty acids	ed	polyunsaturate fatty acids	ed

<sup>(2)</sup> RE=all trans retinol equivalent.

<sup>(3)</sup> In the form of cholecalciferol, of which 10  $\mu$ g=400 i.u. of vitamin D.

<sup>(4)</sup> NE=Niacin equivalent=mg nicotinic acid+mg tryptophan/60.

<sup>(5) \*-</sup>TE=d-\*-tocopherol equivalent.

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per 100 kJ		per 100 kcal	
Minimum	Maximum	Minimum	Maximum
expressed as		expressed as	
linoleic acid		linoleic acid	
but in no case		but in no case	
less than 0.1 mg per 100		less than 0.5 mg per 100	
available kJ		available kcal	