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STATUTORY INSTRUMENTS

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**1990 No. 1380**

The Health and Safety (Training  
for Employment) Regulations 1990

**Meaning of “work” and “at work”**

3. For the purposes of Part I of the 1974 Act—

- (a) the meaning of the word “work” shall be extended to include relevant training;
- (b) a person provided with relevant training is at work throughout the time when he would be in the course of his employment if he were receiving such training under a contract of employment, but not otherwise, and the meaning of “at work” shall be so extended;

and in that connection, in the other relevant statutory provisions, “work” and “at work” shall be construed accordingly.