
 STATUTORY INSTRUMENTS

1975 No. 733

MERCHANT SHIPPING

MASTERS AND SEAMEN

**The Merchant Shipping (Provisions and Water) (Fishing
and Other Vessels) (Amendment) Regulations 1975**

<i>Made - - - -</i>	<i>1st May 1975</i>
<i>Laid before Parliament</i>	<i>9th May 1975</i>
<i>Coming into Operation</i>	<i>1st June 1975</i>

The Secretary of State, after consulting with the organisations referred to in section 99(2) of the Merchant Shipping Act 1970(a), in exercise of powers conferred by section 21 of that Act and now vested in him (b) and of all other powers enabling him in that behalf, hereby makes the following Regulations:

1. These Regulations may be cited as the Merchant Shipping (Provisions and Water) (Fishing and Other Vessels) (Amendment) Regulations 1975 and shall come into operation on 1st June 1975.

2. The Merchant Shipping (Provisions and Water) Regulations 1972(c) shall be amended as follows:—

- (1) In Regulation 3 (Scales of provisions and water), at the end of paragraph (2) there shall be added:—

“except that in the case of such a seamen who is employed in a liquid fuel tanker, the said scale shall have effect with the addition of the item set out in the note at the end of that scale.”
- (2) In Regulation 10 (requirements relating to certain Scales of provisions and water), for sub-paragraph (i) there shall be substituted—

“(i) in Scale II—

in paragraph 18 (tea or powdered coffee), 20 g daily;

in paragraph 19 (sugar), 50 g daily;

in paragraph 20 (condensed milk), 40 g daily;

in paragraph 23 (lime juice), none.”
- (3) In the Schedule—

(a) In Scale I—

(i) in paragraph 14, Column 3, for “or 2 drams Instant Coffee” there shall be substituted “or $\frac{1}{4}$ oz. Instant Coffee;”

(a) 1970 c. 36.
(c) S.I. 1972/1871 (1972 III, p. 5439).

(b) See S.I. 1970/1537 (1970 III, p. 5293).

(ii) for paragraph 16 there shall be substituted the following:

“16	Fresh Milk (Homogenized); or Ultra Heat Treated Milk	2½ pints 2½ pints	}	—	Dried Milk 8 oz. or Condensed Milk 18 oz.
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(b) For Scale II there shall be substituted the Scale set out in the Schedule hereto.

(c) In Scale III paragraph 2, Column 1, for “16 oz. weekly” there shall be substituted “16 oz. daily”.

3. The Merchant Shipping (Provisions and Water) (Fishing Vessels) Regulations 1972(a) shall be amended as follows:

In the Schedule (Scale of provisions and water to be provided for seamen), in paragraph 14, Column 3, for “or 2 drams Instant Coffee” there shall be substituted “or ¼ oz. Instant Coffee”.

Stanley Clinton Davis,
Parliamentary Under Secretary for Companies,
Aviation and Shipping,
Department of Trade.

1st May 1975.

SCHEDULE

SCALE II

Provisions and water for seamen ordinarily resident in India		
	Column 1 Standard provisions	Column 2 Substitute provisions
1.	Water	28 quarts weekly
2.	Rice	350 g daily
3.	Dal (Tur, Moong Masoor, or Split Peas)	80 g daily
4.	Flour, or Atta and Bread (bread to be available daily, when practicable; when impracticable, the 160 g shall consist of flour or atta)	160 g daily of which 80 g shall be flour or atta
5.	Fresh Fish, whole. Variety shall be provided where available	110 g six days a week
6.	Fresh Meat (including fat and bone. Fat shall not exceed one-seventh portion). (Mutton shall be provided for seamen who object to beef or pork)	170 g six days a week
7.	Potatoes	115 g daily
8.	Onions	115 g daily
9.	Fresh Vegetables. (The same vegetables shall not be repeated for more than 2 consecutive days). To provide variety, beans, brinjals, brussels sprouts, cabbage, cauliflower, ladies fingers, capsicum or peas or other suitable available alternatives shall be provided, and tomatoes as far as possible at least once a week	115 g daily
10.	Edible Oil (being Til or Kardai Oil for Bombay seamen and Mustard Oil for Calcutta seamen)	25 g daily
11.	Ghee (Agmark or other equivalent quality)	45 g daily

185 g biscuits, and 60 g sugar additional to the quantity specified in item 19 in place of both rice and dal

Tinned fish or pickled herrings in the proportion of 1 to 2

Dehydrated vegetables in the proportion of 1 to 4

Coconut Oil or Ground Nut Oil

	Column 1 Standard provisions		Column 2 Substitute provisions
12.	Curry Stuff. (Out of 25 g of curry stuff, 18 g shall consist of red chillies, coriander seeds, turmeric, mustard, dry or green garlic, and fresh coconut, and 7 g of Garam Masala, i.e. cinnamon, cloves, cardamoms, cummin seeds, black pepper, poppy seeds, nutmeg and mace)	25 g daily	Desiccated or dry coconut instead of fresh coconut
13.	Tamarind or Cocum	10 g daily	
14.	Salt	25 g daily	
15.	Pickles or Chutney	15 g daily	
16.	Butter	20 g daily	
17.	Jam	10 g daily	
18.	Tea or Powdered Coffee	10 g daily	Instant coffee in the proportion of 1 to 4
19.	Sugar	40 g daily	
20.	Condensed Milk	35 g daily	
21.	Chicken (Eviscerated)	225 g weekly	
22.	Eggs	1 daily	
23.	Lime Juice	15 g daily	
24.	Fruit	1 whole piece of 115 g or smaller pieces totalling 115 g six days a week	
25.	Ice cream	115 g once weekly	One whole piece of 115 g or smaller pieces totalling 115 g fruit
<p><i>Note.</i>—In the case of seamen employed in liquid fuel tankers the following item shall be added to the above scale, namely:—</p>			
26.	Fresh milk (Homogenised) or Ultra Heat Treated Milk	1 pint once weekly	100 g dried milk

EXPLANATORY NOTE

(This Note is not part of the Regulations.)

These Regulations amend the Merchant Shipping (Provisions and Water) Regulations 1972 as follows:—

- (1) A specified quantity of certain milk is to be provided for seamen ordinarily resident in India who are employed in liquid fuel tankers;
- (2) Minor alterations are made in the quantities of provisions required to be carried in ships in accordance with Scale II of the Regulations in certain areas at certain times of the year;
- (3) Minor alterations are made in the scales of provisions required to be carried in ships in accordance with Scales I and III of the Regulations;
- (4) A new Scale II is substituted setting out provisions and water to be carried in ships for seamen ordinarily resident in India.

These Regulations also amend the Merchant Shipping (Provisions and Water) (Fishing Vessels) Regulations 1972 by making a minor alteration in the scale of provisions required to be carried on fishing vessels.

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