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SCHEDULES.

FIRST SCHEDULE

Section 25.

SCALE OF PROVISIONS

	Water	Bread	Biscuits	Salt	Preserved Meat	Fresh Fish	Compressed vegetables	Onions	Beans	Green Beans	Haricot Beans	Peas	Flour	Oats	Barley	Maize	Wheat	Condensed Milk	Mutton	Lard	Slack	Pickles	Fruit	Salt	Mustard	Pepper	Onions	
	qts	lbs	lbs	lbs	lbs	lbs	lbs	lb.	lb.	pin	pin	pin	lb.	lb.	oz.	oz.	oz.	lb.	lb.	lb.	lb.	oz.	pt.	oz.	oz.	oz.	oz.	oz.
Sunday	—	—	1/2	—	3/4	—	—	—	—	—	—	—	1/2	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Monday	—	1	—	1	—	—	—	—	—	—	—	—	1/4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	3
Tuesday	—	—	1	—	—	—	—	—	—	—	—	—	1/2	—	4	—	—	—	—	—	—	—	—	—	—	—	—	—
Wednesday	—	—	—	—	3/4	—	—	—	—	—	—	—	1/2	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Thursday	—	—	—	1	—	—	—	—	—	—	—	—	1/4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Friday	—	1	—	—	3/4	3/4	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—	—
Saturday	—	1	1	—	—	—	—	—	—	—	—	—	1/2	—	4	—	—	—	—	—	—	—	—	—	—	—	—	—
Weekly	4	3	2	2	3/4	6	1/2	2/3	1/3	1/3	1/3	1/2	8	1	4	1	1 1/2	1	1/2	4	1/2	5	2	1/4	1/4	1/4	3	

CONDITIONS AND EXCEPTIONS IN APPLYING SCALE.

- 1 The issue of provisions for which a total weekly, and no daily, amount is given in the above scale shall be reasonably distributed throughout the week.
- 2 The issue of soft bread under the scale shall not be required—
 - (a) in a ship of less than one thousand tons gross registered tonnage ; or
 - (b) if rough weather renders the making of the bread impracticable ; or
 - (c) in any ship until the date of the first agreement with the crew entered into after the first day of January nineteen hundred and eight;
 but where soft bread is not issued, an equivalent amount of biscuit shall be issued instead.
- 3 An equal quantity of fish, up to an amount not exceeding three-quarters of a pound in any one week, may be substituted for preserved meat under the above scale.
 The fish issued, whether under the scale or as a substitute, must be fresh fish, dried fish, or canned salmon or canned herrings.
- 4 Within the tropics, a pound and a half of preserved meat or three pounds of fresh meat may be substituted for two pounds of salt pork.

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- 5 Fresh potatoes must be issued for at least the first eight weeks of the voyage in the case of every ship leaving a port within the home trade limits at any time between the last day of September and the first day of May, and at any other time when they can be procured at a reasonable cost.
- When fresh potatoes are not so issued, an equal amount of yams, or vegetables preserved in tins, or an equivalent amount of dried or compressed potatoes or dried or compressed vegetables in the proportion of one pound to six pounds of fresh potatoes, must be issued in their place.
- 6 Fresh vegetables, or vegetables preserved in tins, may at any time be substituted for dried or compressed vegetables in the proportion of half a pound of fresh vegetables, or vegetables preserved in tins, to one ounce of dried or compressed vegetables.
- 7 A mixture of coffee and chicory containing not less than seventy-five per cent. of coffee may at any time be substituted for coffee in the proportion of five ounces of the mixture to four ounces of coffee.
- 8 The dried fruit issued under the above scale must be raisins, sultanas, currants, figs, or prunes.
- 9 The onions to be issued under the above scale must be fresh onions when in season ; and, when fresh onions are not in season, an equal amount of onions or vegetables preserved in tins, or an equivalent amount of dried or compressed onions or vegetables in the proportion of one ounce to half a pound of fresh onions must be issued.
- 10 In port—
- (a) soft bread shall be issued in lieu of biscuit ; and
 - (b) when procurable at a reasonable cost, a pound and a half of fresh meat and half a pound of fresh vegetables shall be issued daily, and, when fresh meal and fresh vegetables are so issued, salt and preserved meat and dried or compressed vegetables need not be issued.
- 11 The stokehold hands are to receive sufficient oatmeal and one quart of water extra daily while under steam.

SUBSTITUTES AND EQUIVALENTS—TO BE USED WITHOUT REASONABLE CAUSE.

Fresh meat	1 ½ lb.	} To be considered equal.
Salt meat	1 lb.	
Preserved meat	¾ lb.	
Coffee	½ oz.	} To be considered equal.
Cocoa	½ oz.	
Tea	¼ oz.	
Flour	1 lb.	} To be considered equal.
Biscuit	1 lb.	
Rice	1 lb.	} To be considered equal when issued with meat rations.
Split peas	1/3 pt.	
Flour	¾ lb.	

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Calavances or haricot beans	½ pt.	
Rice	¾ lb.	
Marmalade	1 lb.	
Jam	1 lb.	} To be considered equal.
Butter	½ lb.	
Mustard		
Curry powder		} To be considered equal.