
SCOTTISH STATUTORY INSTRUMENTS

2011 No. 331

The Prisons and Young Offenders
Institutions (Scotland) Rules 2011

PART 4

ACCOMMODATION, CLOTHING, HYGIENE AND FOOD

Personal hygiene

34.—(1) The Governor must provide every prisoner with the opportunity to keep clean by providing access at reasonable times to such facilities for washing, bathing and showering as are necessary for health and hygiene in order that a prisoner can bathe or shower—

- (a) on a daily basis where adequate arrangements can be made; or
- (b) where adequate arrangements cannot be made under sub-paragraph (a), at least every other day.

(2) The Governor must provide suitable towels and toiletries as are necessary for the prisoner's health and hygiene, including—

- (a) soap and shampoo;
- (b) shaving materials if required; and
- (c) in the case of female prisoners, sanitary protection.

(3) An officer may—

- (a) order that a prisoner must take a shower or a bath; or
- (b) on the advice of a healthcare professional, order that a prisoner must not take a shower or bath for such period as the officer, on the advice of a healthcare professional, considers appropriate.

(4) A prisoner's hair must not be cut without the consent of the prisoner.