SCHEDULE 1

Regulations 5(1) and (3) and 6(3)(b)

VITAMINS AND MINERALS WHICH MAY BE USED IN THE MANUFACTURE OF FOOD SUPPLEMENTS

Column 1 Vitamins and minerals	Column 2 Unit
1. Vitamins	
Vitamin A	μg RE
Vitamin D	μg
Vitamin E	mg α –TE
Vitamin K	μg
Vitamin B1	mg
Vitamin B2	mg
Niacin	mg NE
Pantothenic acid	mg
Vitamin B6	mg
Folic acid	μg
Vitamin B12	μg
Biotin	μg
Vitamin C	mg
2. Minerals	
Calcium	mg
Magnesium	mg
Iron	mg
Copper	μg
Iodine	μg
Zinc	mg
Manganese	mg
Sodium	mg
Potassium	mg
Selenium	μg
Chromium	μg
Molybdenum	μg
Fluoride	mg
Chloride	mg
Phosphorus	mg