

SCHEDULE 2

Modification for variable shift arrangements

1. In regulation 18 (normal daily period of duty) there shall be substituted for paragraphs (1) to (3) the following paragraphs—

“(1) So far as the exigencies of duty permit, a shift shall consist of one continuous period.

(2) Where in one day a member is on duty for a continuous period of 5 hours or more, time for refreshment shall, so far as the exigencies of duty permit, be allowed in accordance with the Table below:

TABLE

| Number of hours | Refreshment time |
|---|------------------|
| Less than 6 hours | 30 minutes |
| 6 hours or more, but less than 7 hours | 35 minutes |
| 7 hours or more, but less than 8 hours | 40 minutes |
| 8 hours or more, but less than 9 hours | 45 minutes |
| 9 hours or more, but less than 10 hours | 50 minutes |
| 10 hours or more | 60 minutes |

(3) Where a shift consists of two periods amounting in total to 5 hours or more and the member does not travel to and from his home between those periods, an interval for refreshment and rest shall normally be included at the beginning or end of one of them.”