
SCOTTISH STATUTORY INSTRUMENTS

2008 No. 265

EDUCATION

**The Nutritional Requirements for Food and
Drink in Schools (Scotland) Regulations 2008**

Made - - - - 26th June 2008

Coming into force in accordance with regulation 1

**THE NUTRITIONAL REQUIREMENTS FOR FOOD AND
DRINK IN SCHOOLS (SCOTLAND) REGULATIONS 2008**

1. Citation and commencement
 2. Interpretation and application
 3. School meal requirements
 4. Provision of other food and drink
 5. Provision of drinking water
- Signature

SCHEDULE 1 School meal requirements – menu

1. (1) Not less than 2 types of vegetable shall be...
2. Not less than 2 types of fruit shall be provided...
3. Bread shall be provided every day.
4. Oily fish must be provided at least once every 3...
5. No savoury snacks shall be provided except–
6. (1) No confectionery shall be provided. (2) Cakes, biscuits and...
7. (1) Food that has been deep fried in the cooking...

SCHEDULE 2 Food and drink requirements in school meals

1. (1) Oils must contain a total saturated fat content which...
2. (1) No salt shall be available to add to food...
3. Subject to paragraphs 4 to 6 only the following drinks...
4. (1) Milk must contain a total fat content which does...
5. Soya, oat and rice based drinks enriched with calcium must...
6. (1) Fruit juice and vegetable juice must–

SCHEDULE 3 Nutrient standards for school meals

1. In this Schedule– “average school meal” has the meaning given...
2. The average school meal for a school must be calculated...

3. The average school meal must provide– (a) an amount of...
4. (1) On and after 31st December 2010 the requirements in...
SCHEDULE 4 Food and drink requirements otherwise than as part of a school meal
 1. Fruit and vegetables must be made available in any place...
 2. (1) No salt shall be available to add to food...
 3. (1) With the exception of savoury snacks no food that...
 4. (1) No confectionery shall be made available in any place...
 5. Subject to paragraphs 6 to 8, only the following drinks...
 6. (1) Milk must contain a total fat content which does...
 7. Soya, oat and rice based drinks enriched with calcium must...
 8. (1) Fruit juice and vegetable juice must–
Explanatory Note